



Menzies Matters

Issue 48

Free

March

MENZIES AWARENESS DAY

21ST APRIL 2012



Hot Dogs

Hamburgers

Cool Drinks



Face Painting

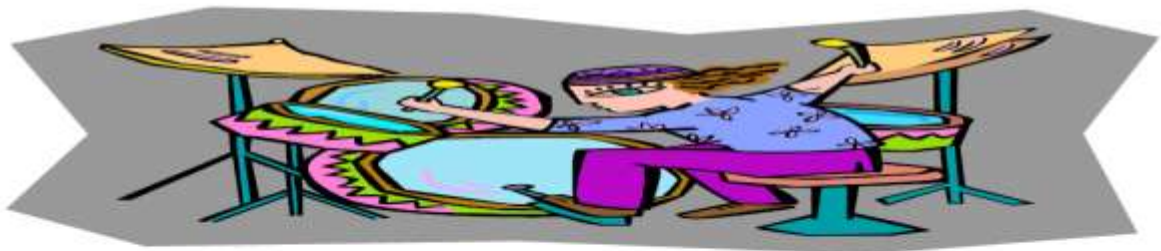
Clowns

Bouncy Castles

TRASH & TREASURE

Entertainment by

OUTBACK PADDY



IRISH AUSSIE MUSIC

Raising Awareness of The Emergency Services



Shire of Menzies Information

KLEENHEAT GAS

The Shire of Menzies has the agency for Bottled Gas.

8.5kg Exchange - \$42

8.5kg Purchase - \$86

45kgs Collection - \$120

45kgs Delivered - \$130

45kg prices for exchange only

Payments can be made at the

Community Resource Centre.

EFTPOS available.

Collection and delivery from the Shire Depot



SHIRE OF MENZIES

Council Meetings for 2012

Council Meetings are usually held in the Council Chambers at 10:00am in the Menzies Town Hall

Please note that for 2012 all Council Meetings will be held on the 4th Tuesday of each Month unless otherwise advertised.

The next three Meetings will be:-

March - 30th 2012

April - Tuesday 24th 2012

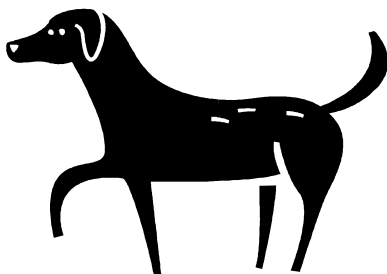
May - 22nd 2012 - Tjuntjuntjara
Public Question Time 10am, all welcome.

Shire of Menzies Fire Notice

Observe all local laws on fire restrictions and safety.
Fire ban is between October and March annually.



Shire of Menzies
PO Box 4 Menzies WA 6436
Ph: 08 90242041 Fax: 08 90242110
E: admin@menzies.wa.gov.au
www.menzies.wa.gov.au
www.northerngoldfields.com.au
www.goldenquesttrail.com.au



Shire Dog Registration applications and payments are now processed at the Menzies Community Resource Centre.

EFTPOS available.



Take a look around!



Menzies Visitor Centre

Spinifex Art Gallery

Community Post Agency

Internet Access

Public Library

Caravan Park Bookings



Department of
Regional Development and Lands



Open 9am - 4:30pm Weekdays

Phone: 90 242 702

A/H Caravan Park - 0448242041



Are you ready
to be a part of

Clean Up Australia Day 2012?



Major Sponsor



Keep Australia Beautiful WA invites you to join thousands of Western Australians in making a difference to our environment on **Clean Up Australia Day 2012**.

Register at www.cleanupaustaliaday.org.au
or free call 1800 CUADAY
(1800 282 329)

Clean Up Australia Day Sunday 4 March

Schools Clean Up Day Friday 2 March

Business Clean Up Day Tuesday 28 February

If your organisation would like to clean up on a regular basis, visit www.kabc.wa.gov.au and find out how to join the Adopt-a-Spot program.



Workshops *On* *Preserving Photographs*

Presented by Isa Loo, Conservator, Western
Australian Museum
22 & 23 March 2012

Day 1: 22 March 2012
Learn how to identify
and correctly store
photographs and negatives

**Venue: Eastern
Goldfields
Historical Society
Hamilton Street,
Boulder**



**Start: 9:30
Finish: 15:30
Cost: Free
Morning,
afternoon tea
and light lunch
provided**

Day 2: 23 March 2012
Why and how to
digitize photographs



Please RSVP to Elaine by Thursday 15th March

Email: Elaine.Labuschagne@ckb.wa.gov.au

TEL: 08 9093 1184

Mobile: 04 0951 5569

CALLING YOUNG ABORIGINAL & TORRES STRAIT ISLANDER AUSTRALIANS TO GET INVOLVED IN CONSTITUTIONAL RECOGNITION!



We're looking for young Indigenous Australians from each state and territory to join us at the NCIE in March for the Constitutional Recognition Forum for young Aboriginal and Torres Strait Islander Australians.

Come to Sydney and learn more about Constitutional Recognition and work with other young Aboriginal and Torres Strait Islander Australians to develop a youth driven campaign!

When: Wednesday 14 March - Saturday 17 March 2012

Where: National Centre of Indigenous Excellence, 180 George St, Redfern NSW

To be eligible to participate you must:

- Identify as an Aboriginal and/or Torres Strait Islander Australian;
- Be aged between 16 and 25;
- Be available to attend the Forum from:

Wednesday 14 March - Saturday 17 March 2012

Travel, accommodation and transfers will be provided for each participant.

To apply, visit the NCIE website and tell us a bit about yourself (in a bio or short cv) and send us 500 words about why you want to participate in the Forum.

First round applications close: 27 January 2012 (There will be a second round offer available if vacancies are not filled in the first round).

Visit www.ncie.org.au to find out more information!



NATIONAL CENTRE OF
INDIGENOUS EXCELLENCE

PROUDLY FUNDED BY THE AUSTRALIAN GOVERNMENT DEPARTMENT OF FAMILIES, HOUSING, COMMUNITY SERVICES AND INDIGENOUS AFFAIRS.



Government of Western Australia
Department of Local Government
Office of Multicultural Interests

Harmony Week

15–21 March 2012



Celebrate WA's diversity

Harmony Week is a time to celebrate the social, cultural and economic benefits that cultural diversity brings to Western Australia.

WA's cultural diversity is one of our greatest strengths. Make Harmony Week your time to discover more about who we are and to celebrate the people of Western Australia.

See www.omi.wa.gov.au to find out what's happening in your area.



The RFDS on the Road Goldfields team presents

Heart Health

“Taking care of your heart”

When: Tuesday 3rd April

Time: 10.00am – 11.00am

Where: Menzies Shire Offices

Join the RFDS on the Road team for a presentation about:

- What causes a heart attack
- The signs and symptoms of a heart attack
- What to do if someone close to you is having a heart attack
- What you can do to reduce your risk of a heart attack

Working together to

CLOSE THE GAP

Kalgoorlie-Boulder 'Close the Gap' Unified March

Starting at 9:45 AM Corner of Maritana
and Dugan street

Thursday 22 March 2012



**Activities at Sir Richard Moore Oval
10:30 AM to 2:00 PM**

- Linden Brownley—Master of Ceremonies
- Marcia and Trevor Brownley— Songs
- Community agency stalls
- Free Sausage sizzle
- Free footballs—football clinic

Aboriginal and Torres Strait Islander People still die 10–17 years younger than other Australians. Join our event and show your support to close the gap within a generation.

Enquiries: Samarth Rao P | 90886239 F | 90805466
E | samarth.rao@health.wa.gov.au

GRT EXPRESS

EASTER TIMETABLE CHANGES

Please note as the afternoon train service from Kalgoorlie to Perth has been changed for Good Friday to Thursday 5 April, we have moved the timetable 1 day earlier for these dates so there is a connecting train service available on Thursday:

Wednesday 4 April 2012

- Kalgoorlie Depart 9 am
 - Leonora Depart 12 pm
- Laverton Arrive 1.30 pm

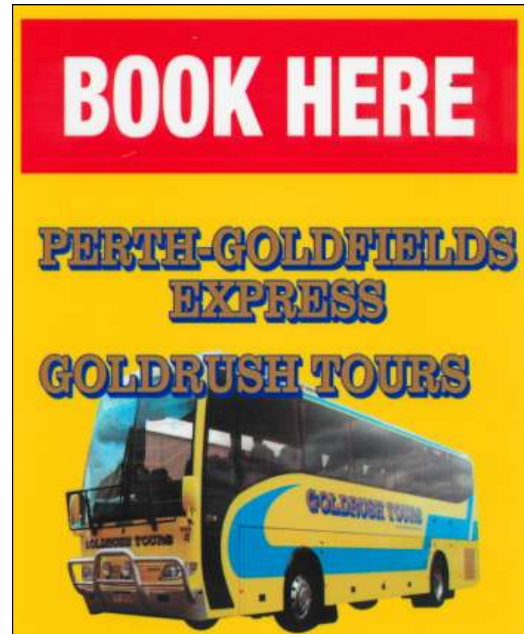
Thursday 5 April 2012

- Laverton Depart 9 am
 - Leonora Depart 10.30 am
- Kalgoorlie Arrive 1.00 pm

No other services will be affected.

www.goldrushtours.com.au

Phone 1800 620 440



GOLDFIELDS CHIROPRACTIC & HEALING CENTRE

- ◆ FULL SPINAL CHECKS
- ◆ X RAYS

WHERE: LEONORA
AMBULANCE HALL
TOWER STREET

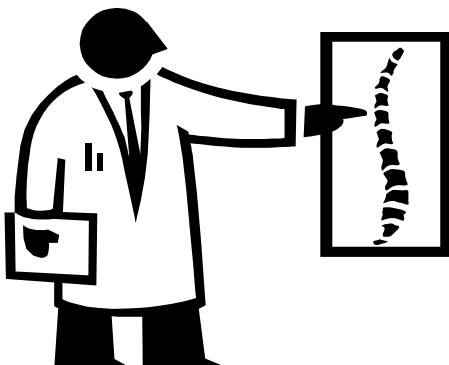
Every 3rd Wednesday of the month

Cost: \$50.00 per person

Or \$40.00 concession

Time: 1.30pm to 5.00pm

Ph. 9090 5667 to book an appointment



Media Statement

6 March, 2012



Watering with water conservation in mind

Menzies residents have reduced their water use by 22% per residence in the more than four years since the Water Corporation introduced an alternate day sprinkler roster for the town in October 2007.

Regional Manager, Evan Hambleton said, "this has been a tremendous effort by the community.

"However, since 1 July 2011 alone, a total of 189 infringements and 95 warnings have been issued in the Goldfields," he said. "This demonstrates that there are still a few people who need to get on board and we want to get the message through to be more careful. Any customer who does not comply with the watering roster will be issued with an immediate infringement.

Mr Hambleton said the Corporation encourages people to check their irrigation controllers to make sure they comply with the watering roster requirements and inspect their reticulation for broken fittings and sprinklers.

"Please regularly check controllers and replace the batteries to make sure you are not issued with an infringement notice," he said.

Most of the sprinkler system manuals sold in Western Australia in the past 20 years can now be viewed online thanks to Perth business The Watershed.

"It is really easy to misplace the manual for your system so this new web page is a big help," Mr Hambleton said.

A significant amount of water can be used on lawns. Good design, thorough preparation and selecting waterwise varieties of plants can significantly reduce the amount of water required.

To download the manuals go to:

www.thewatershed.biz/downloads

See Over for Watering Roster for Menzies

Contact: Kathy Balt -

Communications on 9622 4808

kathy.balt@watercorporation.com.au

North of Kalbarri & Kalgoorlie Watering Days	
Last digit of your lot or house number	Your scheme watering days are:
1	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
2	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
3	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
4	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
5	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
6	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
7	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
8	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
9	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
0	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc

Media Release

Hon **Wendy Duncan** MLC

Member for Mining & Pastoral Region | Parliamentary Secretary to the Minister for Regional Development, Lands | Parliamentary Leader in the Legislative Council

ROYALTIES FOR REGIONS TO ASSIST JUNIOR DOCTOR INCREASE FOR WA REGIONAL AREAS

1 MARCH 2012

A contribution of \$8.5million of Royalties for Regions funding will assist with increasing the number of positions for junior doctors in major regional hospitals across Western Australia.

Wendy Duncan, Member for Mining and Pastoral Region said that State Government has provided \$27million towards the junior doctor positions in regional areas, with an additional \$8.5million contributed through Royalties for Regions.

The Rural Practice Pathway provides better access to training in regional areas and is a career pathway for junior doctors wishing to train for a full year in regional areas.

It provides assistance for doctors to continue working in regional areas after they have completed their prevocational training.

The RPP will this year see the junior doctor training positions increase to 83 participants, up from 25 participants four years ago.

"This is a fantastic result and indicates the strength of the programs in place to teach and support our junior doctor trainees in regional settings," said Ms Duncan.

"The RPP program underpins the values of what Royalties for Regions is all about; having a long term focus on regional development where services are improved and benefits are retained for our regional communities."

Royalties for Regions funding will assist young doctors to further their skills in hospitals in Albany, Broome, Bunbury, Geraldton, Kalgoorlie-Boulder and Port Hedland.

ends

wendy.duncan@mp.wa.gov.au www.wendyduncan.com.au
PO Box 2470, Esperance WA 6450 Dutton Arcade, Andrew Street, Esperance WA 6450
08 9071 1500 fax 08 9071 1633 mob 0438 782 034 freecall 1800 622 161



Media Release

Hon **Wendy Duncan** MLC

Member for Mining & Pastoral Region | Parliamentary Secretary to the Minister for Regional Development, Lands | Parliamentary Leader in the Legislative Council

7 March 2012

ROYALTIES FOR REGIONS A SHOT IN THE ARM FOR AILING CLINICS

A \$22.2M injection of funds from the Liberal-National Government's Royalties for Regions program will provide essential improvements to six health clinics in Aboriginal communities in the Pilbara and Kimberley regions.

Mining and Pastoral MLC Wendy Duncan said that the funds would result in improvements to the delivery of health services in Aboriginal Communities including Bayulau, Mulan, Mindibungu (Billiluna), Wakathuni and Nookanbah (Yungngora).

The Remote Indigenous Health Clinics initiative will see the replacement of sub-standard clinic infrastructure and eliminate the forced closure of clinics due to health and safety concerns.

Mrs Duncan said that the move was indicative of the Government's recognition of access to quality primary health care services as crucial to the improvement of indigenous health and essential in order to successfully and sustainably close the gap in life expectancies.

She said that all Western Australians, no matter where they were, deserved access to quality health care.

"This project will help improve health outcomes for the communities involved, and go a long way towards addressing health inequities in remote Aboriginal communities."

The project will be completed adopting culturally appropriate clinic designs to encourage community members to utilize the upgraded facilities, and the agencies involved will work with the communities to ensure each clinic best addresses individual community health priorities.

"The Royalties for Regions program continues to provide supplementary investment to Government agencies to help deliver quality services to regional communities."

The project will be managed by the WA Country Health Service. Work on the projects will start immediately and continue through 2012 and 2013.

Ends.

For more information contact Wendy Duncan on 0438 782 034

wendy.duncan@mp.wa.gov.au www.wendyduncan.com.au
PO Box 2470, Esperance WA 6450 Dutton Arcade, Andrew Street, Esperance WA 6450
ph 08 9071 1500 fax 08 9071 1633 mob 0438 782 034 freecall 1800 622 161



POITIER MEDICAL PRACTICE

Dr. Charl Du Plessis

M.B.Ch.B, D.O.H, D.A.M.E

2332736

2796332L

967 Sadie Canning Drive,

Leonora, WA

6438.

08 9037 6238

08 9037 6799

charl.du.plessis@goldhealth.net.au



Dietitian- Cecelia Ting visiting Leonora 27th-29th February 2012. Nutrition consultations can be made by phoning 90376238

Paediatrician Dr Christine Jeffries Stokes

Will be available for Consultation 7th March 2012. Please phone Community Health on 90376083 to arrange an appointment.

Gynaecologist Colposcopist Dr Robyn Leake

Consulting Tuesday 20th March, Wednesday 21st March 2012. Phone 90376238

Diabetic Educator - Helen O'Sullivan will be available for appointments 18th April 2012 Phone 90376238.

Practice Nurse- Margaret Davies

Margaret is at Poitier Medical every Tuesday, Wednesday & Thursday for Male & Female Health Checks, Pap Smears and Breast Checks. Margaret is also qualified to perform Worksafe Audiology and Spirometry testing, Mine Workers Health Surveillance, Pre-employment Medicals and drug screens. Appointments please phone 90 376 238.

Emergencies Phone **90804300**

GLIMPSSES OF THE PAST

Memories of Menzies

Recalling some of the first business people there were Tony Woiner, the first baker; Moher and Smith, butchers; Frank Walton, storekeeper with Joe Harold as manager; Silbert and Smart; Leedman, Meagher [fathers of two of our leading Perth **Medicos**]; **Matt Punch, Bob Norris, Mrs O'Donnell, newsagent; Harry Bromley**, tobacconist and commission agent; Dave Mickle, H. D. Munro, auctioneer [later with **Westraliar Farmers**]; **Thompson's, cycle shop; Bill Smith and his two brothers** cycle shop; Bill was one of the best bikers in the Menzies area; Kimber Bros were timber merchants and builders and Judge and Plant were in the same line of business. **There were lots of business's that is but a few.**

Some of the early birds to Menzies were, Harold and George Millington; Harold went onto be the Minister for Works; Forrie Palmer and Con Brown; the Acramen Brothers, Billy and Gerald, forwarding agents and Fred in one of the banks; Tom Speight, son of the Victorian Railway Commissioner, was underground surveyor for the Octagon Syndicate; Charlie Frampton and Ned Horn; Rev Fagan was the **RC Priest; Rev E.M. Collick C of E; Rev King "Scotchbyterian"** and I think **C. E. Jenkins** was Methodist; Harry Gregory played a great innings around Menzies; **Harley Piers first Warden's Court and later Registrar in Niagara; Bert Teague** was steward at the Menzies Club .

These memories were by
THE YOUNG JACKEROO.
Excerpts from More Menzies Memories.

Article and Photo Compliments and Courtesy of EG Historical Society.

Photo Copyright to EG Historical Society.



34/22

SHENTON STREET. MENZIES

1906

GLIMPSSES OF THE PAST

Louis Beyers

When the gold rush started in West Australia in 1892, depression had hit the Eastern States.

An influx of Miners came to the Western Australian Goldfields, amongst them were miners from Hill End, NSW. They became the “t’othersiders”.

Some packed up their families and came west, others left their families back east. One such man to come West was Ludwig Hugo [Louis] Beyers, the once well known Mayor of Hill End.

Louis Beyers and Bernhard Holtermann were partners in the Star of Hope Mine on Hawkins Hill. At the time of the famous Holtermann Nugget being discovered, Beyers was away from the district, so was not photographed with the nugget.

The finding of the nugget made Beyers incredibly wealthy. This wealth he shared with the people of Hill End, thus earning the title of “The Miner’s Friend”. In the 1890’s, while he was on a trip to Europe, Beyers employed a lawyer to look after his finances, however the lawyer disappeared with all of his money, leaving Beyers with just 100 pounds.

Beyers managed to pay all his debts and with two daughters Sylvia and Clara and one son Theodore, moved to Kalgoorlie. His wife Mary had died in 1883.



Louis Beyers



Grave at Mt Morgan's Cemetery

GLIMPSSES OF THE PAST

Louis Beyers

Even though Beyers is mentioned in some mining reports, he never recovered the losses of the previous decade.

Beyers worked areas around Mulwarrie, Yarri, Linden, Mt Morgan's, Kookynie and Kanowna.

In 1910 Beyers's son Theodore carted him 64 miles [103kms] from Linden to Mt Morgan's Hospital. He had suffered a stroke, which could have resulted from being thrown and then run over by a loaded wagon. He suffered another stroke in hospital and died on 28th May, 1910.

Louis Beyers is buried at Mt Morgan's Cemetery.

EXERPTS OF STORY TAKEN FROM BOOK :- **THE MINER'S FRIEND**

By LORRAINE PURCELL.

As a descendant from a Hill End "t'othersider", my husband Lindsay and I were invited to the placing of the Louis Beyers Plaque at Mt Morgan's Cemetery on the centenary of his death in 2010.

I would like to thank descendants of Louis Beyers and Lorraine Purcell for giving me the pleasure of attending this special occasion.

Diana Stockdale

Article Courtesy of EG Historical Society.

Photo's compliments and copyright to Diana Stockdale.

Photo of Louis Beyers from family collection.



Four Generations at the Mt Morgan's Cemetery.

Back L to R: Jess Vincent, Carlie Rankin, Sylvia Byers, Helen Heath, Vicki Verelst, Lindall Verelst.

Front: Levi and Isaac Nichols.

Tips to avoid a summer food bug

The festive season is usually a time of happiness for Western Australian families, but for an unlucky few, it can also be a time where nasty bacteria delivers an unwanted gift of a food-borne illness.

Environmental Health Director Jim Dodds said the combination of warmer weather and an increase in people eating food that had been left out of the fridge, often contributed to more cases of food-borne illness over the summer months.

"Food poisoning is more common than many people think and unfortunately a lot of food-borne bugs are actually caught in the home," Mr Dodds said.

"Simple things like washing your hands before you prepare food or cooking meat thoroughly can help prevent a food-borne illness from ruining the festive season."

Mr Dodds said most food poisoning bacteria did not produce an off smell or taste, so it was sometimes hard to tell if something should not be eaten.

"In many cases food poisoning symptoms can take a few days to appear, so people should not assume it was the last meal they ate that made them sick," he said.

"Anyone who thinks they are ill from eating contaminated food and is unwell enough to seek medical care, should consult a doctor as soon as possible and make a list of food eaten in the previous 48 hours."



People can avoid food-borne illness by following some basic food handling procedures such as:

- storing foods such as meat, dairy products and other perishable goods in the fridge until needed and not leaving leftovers out for longer than two hours
- covering food to prevent contamination by dust or insects
- throwing away higher risk foods such as those containing meats and dairy products which have been left out of the fridge for longer than four hours
- cooking all meats thoroughly, taking special care with chicken and minced meat products
- always having an esky with ice or ice bricks to keep meats and other foods cold at barbecues and picnics
- checking date marking on food before purchasing or using
- washing hands thoroughly with soap and water before handling food
- avoid cross contaminating foods
- placing left over food to cool in the fridge soon after cooking
- keeping left over food for a maximum of three days and if reheating, reheat until steaming hot
- washing fruit and vegetables in clean running water before consumption.

For more information about food safety visit:
W: public.health.wa.gov.au



Prevention the key for mozzie threat

Summer is the season of increased mosquito activity, so whether you're enjoying a barbecue, hiking in the bush or catching a movie under the stars, it's important to ensure you are properly protected from mosquito bites.

As well as leaving you with itchy and unsightly sores, mosquitoes are capable of transmitting debilitating and life-threatening illnesses.

In Western Australia four main viruses are transmitted by mosquitoes – Ross River virus (RRV), Barmah Forest virus (BFV), Kunjin virus (KUN) and Murray Valley encephalitis (MVE).

All of these viruses can cause diseases that are notifiable which means that if they are diagnosed by a doctor, the doctor must notify the Department of Health.

Department of Health Acting Medical Entomologist Dr Peter Neville said RRV and BFV diseases were the most common mosquito-borne diseases in Western Australia.

"A person who contracts either of these diseases may develop a range of symptoms including painful and/or swollen joints, sore muscles, rashes, fever, lethargy, headaches and swollen lymph nodes," he said.

"Another disease we sometimes see from mosquitoes is Murray Valley Encephalitis, previously known as Australian encephalitis. This is rare but can be potentially fatal.

"Symptoms vary between children and adults but can include fever, floppiness, irritability, excessive sleepiness, severe headaches, stiff neck, nausea and vomiting."

Dr Neville said symptoms associated with Kunjin virus disease were similar to Murray Valley Encephalitis, but were usually less severe.

The Department of Health's mosquito and virus surveillance program (undertaken by the University of Western Australia) traps mosquitoes on a fortnightly basis to detect the presence of these viruses in mosquito populations.

This early warning system allows the Department to work with local governments to manage the mosquito threat and issue public health warnings where necessary.

Though all four mosquito-borne diseases are more prevalent in particular areas of the State, Dr Neville said it was best to assume all mosquitoes were potentially infected.

He said people should take the following precautions to help reduce the risk of being bitten this summer.

- When outdoors, wear long, loose-fitting, light-coloured clothing. A mosquito can bite through tight-fitting clothing, even denim jeans.
 - Use a personal mosquito repellent containing diethyl toluamide (DEET) or picaridin to any areas of exposed skin.
 - Install insect screens and mosquito-proof sleep areas with mosquito nets.
 - Use plug-in zappers or mosquito coils.
 - Ensure babies and small children are suitably dressed to protect them from mosquito bites and protect their sleeping areas with screens or mosquito nets. Only child strength repellents should be used on young children.
 - Eliminate potential mosquito breeding areas around your home – don't allow water to pool or stagnate.
- Avoid areas of high mosquito activity, especially around dawn, dusk and the first few hours after sunset.



Dr Peter Neville checks the catch in the mosquito trap.



Menzies hotel And general store

Shop hours: 9am – 5pm

Fresh Sandwiches and Rolls

Flavoured Milks

Soft drinks

Juices

Coffee

The MENZIES TOASTY

Cakes

Ice Creams

General Stores

Hotel hours: 11am – 9pm

Hot Meals 6pm - 8pm

Cold Beer ALL DAY!

Accommodation

Ice

Pies, Pasties, Sausage Rolls

**IF YOUR IN A HURRY – DON'T WORRY
PHONE ORDERS WELCOME: 90242016**

R.F.D.S Next Visit



Date: 17/04/2012

Time: 9.00am –1.00pm

Place: Menzies Health Centre

Appointments Ph: 90242044

FLUVAX AVAILABLE

A registered Nurse will be at the Menzies Health Centre every Tuesday.

R.F.D.S visits are once a month. To be informed

MENZIES HEALTH CENTRE CLINIC

MONDAY - FRIDAY Ph: 90242044

If the Clinic is unattended and you need immediate health advice then call - HEALTH DIRECT 1800 022 222

ANYTIME DAY OR NIGHT

POISONS INFO AVAILABLE 24Hrs 13 11 26

Emergencies Only 000

Volunteers Wanted

Menzies Sub Centre

C/- Post Office

Menzies WA 6436



Email: menziessubcentre@bigpond.com.au

Web: www.ambulance.net.au Ph: 90 242 300

The Menzies St John Ambulance is looking for volunteers. If you have a little time to spare maybe you could come along and help out. We can provide you with details of what is involved and any training required.

All welcome.

Debbie Pianto Mob: 0410 766 076

To Order St John First Aid Kits

Mob: 0410 766 076



SYMPTOMS THAT USUALLY OCCUR 15 MINUTES - 2 HOURS LATER ARE:
 HEADACHE • NAUSEA • DROWSINESS • BLURRED OR DOUBLE VISION • PAIN OR TIGHTNESS IN THE CHEST OR ABDOMEN • BREATHING DIFFICULTIES • GIDDINESS OR FAINTNESS • DIARRHOEA

FIRST AID FOR SNAKEBITES

FOUR DO'S

- 1 REST AND REASSURE THE CASUALTY - ACT CALMLY.
 - 2 BANDAGE BITTEN AREA FIRMLY AND PROMPTLY - USE A BROAD, FIRM BANDAGE TO COVER AS MUCH OF THE LIMB AS POSSIBLE ABOVE AND BELOW THE BITE (CLOTHING IS IDEAL OR AN OLD TOWEL TORN INTO STRIPS).
 - 3 KEEP THE LIMB AS STILL AS POSSIBLE - BANDAGE TO A SPLINT (A PIECE OF TIMBER OR FOLDED NEWSPAPER IS IDEAL).
 - 4 BRING TRANSPORT TO THE CASUALTY WHERE POSSIBLE.
- * IF YOU ARE BITTEN WHEN BY YOURSELF STAY CALM, APPLY BANDAGE & CALMLY WALK TO THE NEAREST PLACE WHERE HELP IS AVAILABLE.

FOUR DONT'S

- 1 DON'T PANIC.
- 2 DON'T APPLY A TORNIQUET.
- 3 DON'T CUT OR WASH THE AREA. (THE VENOM MAY BE NEEDED TO IDENTIFY THE SNAKE.)
- 4 DON'T REMOVE THE BANDAGE UNTIL MEDICAL AID SAYS SO.

Using crepe or conforming roller bandage (about 10 - 15cm wide), pantyhose or other material, immediately apply a firm bandage.



Always starting from the fingers or toes, bandage upwards as far as can be reached up the affected limb. Bandage firmly as for a sprained ankle.



Immobilise limb using a splint secured with a second bandage. Check the fingers and toes for circulation. Keep the casualty and the limb at rest. DO NOT remove the splint or bandage once applied.

THESE CHILDREN KNOW WHAT TO DO IF A SNAKE BITES. IMPROVISED TREATMENT COULD LOOK SOMETHING LIKE THIS...



This girl is tearing a shirt into wide strips to use as a bandage. She has told the casualty to lie down and keep still.



Beginning at the toes, she binds the leg firmly. She will indicate the bite site by marking the outside of the bandage.



The bandage will go up the leg as far as possible, ideally covering the whole leg. (For bites on the hand or forearm, bandage the entire arm beginning from the fingers.)



Using a strong stick as a splint, she immobilises the leg, while offering calm words of reassurance to the casualty.



She fastens the splint to the leg using a second bandage. She will then try and get help to bring transport to the casualty.



For your **FREE** delivery. Phone your **LOCAL** Distributor

PETER & SHERYL EDMEADES

Mob: 0419 121 164 Ph/fax: 9091 9016

Servicing Kalgoorlie & Surrounds

edmeades@westcoastseafood.com.au

EFTPOS available

www.westcoastseafood.com.au

FISH FILLETS & CUTLETS

Whiting – Cold Water NZ	\$18.00kg	Barramundi (Salt Water)	\$25.00kg
Smoked Cod	\$18.00kg	Hoki (Sweetlip) Snapper	\$20.00kg
Pacific Dory (Royal Basa)	\$20.00kg	Silver Snapper	\$20.00kg
Red Spotted Emperor	\$26.00kg	Snapper	\$35.00kg
Grouper	\$26.00kg	Orange Roughy	\$35.00kg
Coral Trout	\$29.00kg	Mackerel Cutlets	\$20.00kg
Pearl Perch (Nthn Dhufish)	\$29.00kg	Sword Fish Cutlets	\$35.00kg
Baby Shark	\$25.00kg	Tuna Cutlets	\$35.00kg
		Salmon Portions (200gms)	\$ 7.00each

WHOLE FISH

Red Snapper	\$18.00kg	Flounder	\$20.00kg
Pink Snapper	\$21.00kg	Smoked Salmon Side	\$40.00kg
Raw Trout	\$21.00kg	Salmon Side	\$30.00kg
Smoked Trout	\$25.00kg	Herring	\$13.00kg

PRAWNS

Marinated Prawn Meat chilli	\$19.00 (500gms)	XLarge Raw Prawn Meat	\$37.00kg
Prawn Skewers 20Pk(sweet chilli/garlic)	\$36.00kg	XLarge Cooked Prawn Meat	\$37.00kg
Cooked Cocktails	\$21.00kg	Large Cooked King Whole	\$37.00kg
Cooked Exmouth Endeavours	\$25.00kg	XLarge Raw King	\$37.00kg
Raw Northern King	\$25.00kg	Fantail Prawn Cutlets	\$25.00kg
Raw Prawn Meat	\$33.00kg	Salt & Pepper Prawns	\$36.00kg

CRUMBED SEAFOOD

Garlic Prawn Tails	\$17.00 (500gms)	Crumbed Squid Rings	\$21.00kg
Fish & Chips (5 fish & 1kg chips)	\$19.00pk	Salt & Pepper Squid	\$23.00kg
Crumbed Fish Fillets	\$19.00kg	Fishermans Basket (feeds 4)	\$31.00
Fish Nuggets	\$19.00kg		

MISC SEAFOOD

Whole Mussels NZ	\$10.00kg	Mussel Meat NZ	\$19.00kg
Oysters ½ Shell 2 doz	\$31.00	Squid Tubes	\$19.00kg
Crab Sticks	\$15.00kg	Scallop Meat	\$37.00kg
Seafood Extender	\$15.00kg	Morteon Bay bug Tails	\$45.00kg
Crayfish (cooked)	P.O.A.	Crabs Raw/cooked	\$19.00kg
		Whole Baby Squid	\$19.00kg

QUICK & EASY SNACK FOODS

Pizza Slabs (Supreme & Hawaiian)	\$18.00ea	Mini Spring Rolls	\$19.00pk
Lamb Rissoles	\$19.00pk	Chicken Wings Spicy/Mild	\$20.00pk
Gourmet Beef Burgers	\$19.00pk	Mignons (4 pack)	\$21.00pk
Meat Balls	\$19.00pk	Chicken Sweet Chilli Tenders	\$19.00pk
Chicken Nuggets	\$19.00kg	Garlic & Herb Schnitzel (4 pk)	\$19.00
Roast Chicken Meat	\$21.00kg	Chicken Kiev (4 pack)	\$22.00
Honey Macadamia Roll Roast	\$21.00pk		

DESSERTS

Strawberry Cheese Cake	\$23.00 1kg	Apple Pie	\$25.00
Honey Butterscotch Cheese Cake	\$23.00 1kg	Pecan Pie	\$26.00

HAPPY
BIRTHDAY

March

Josh McAllan - 2nd

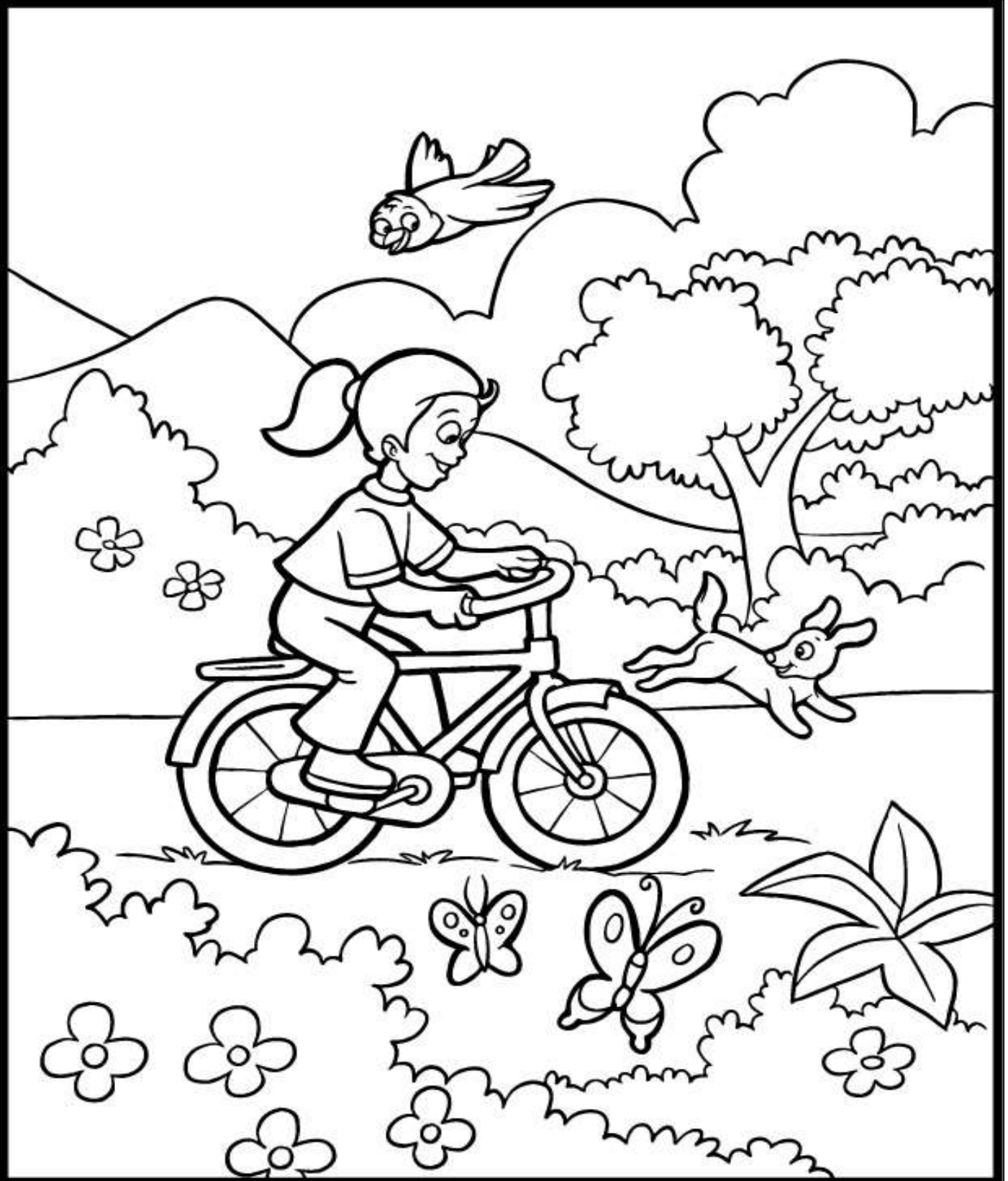
Bev Golding - 5th

Chadwick Tucker - 30th

Darien Tucker - 31th



Kids Page





#3

FIND THE HIDDEN WORDS



HIPPO
FLY
OWL

FROG
ELK
KOALA

Animal Quiz

What animal has a long nose? _____

What animal has a long neck? _____

What animal eats bananas? _____

What bird lives at the South Pole but can't fly? _____

What animal has a horn on its nose? _____

What animal jumps and eats flies? _____

What animal lives at the north pole? _____

What is the biggest animal in the world? _____

What animal do cowboys ride? _____

What animal do people ride in the desert? _____

What insect drinks blood? _____

What insect is red with black spots? _____

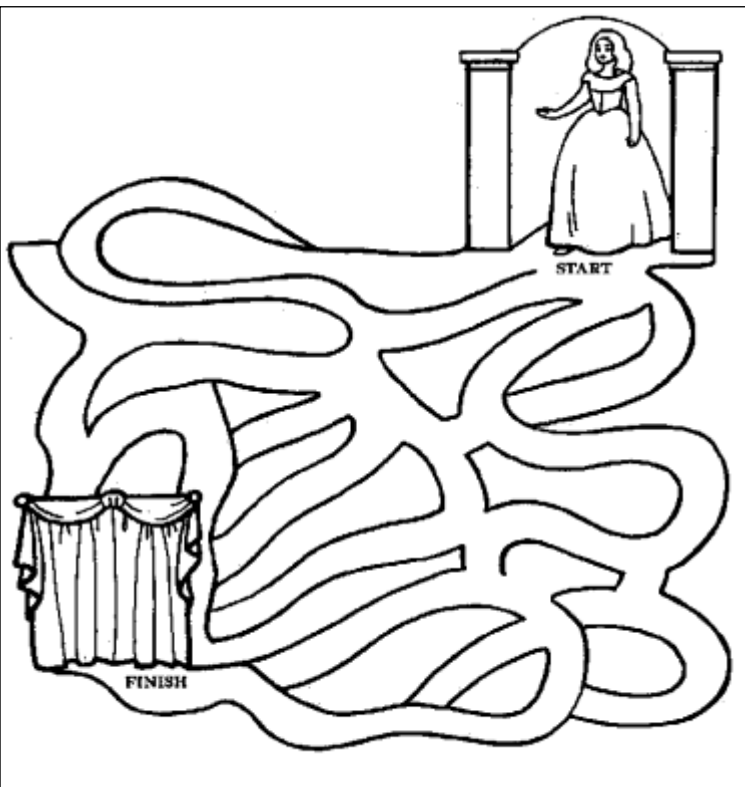
What animal gives us milk? _____

What animal gives us eggs? _____

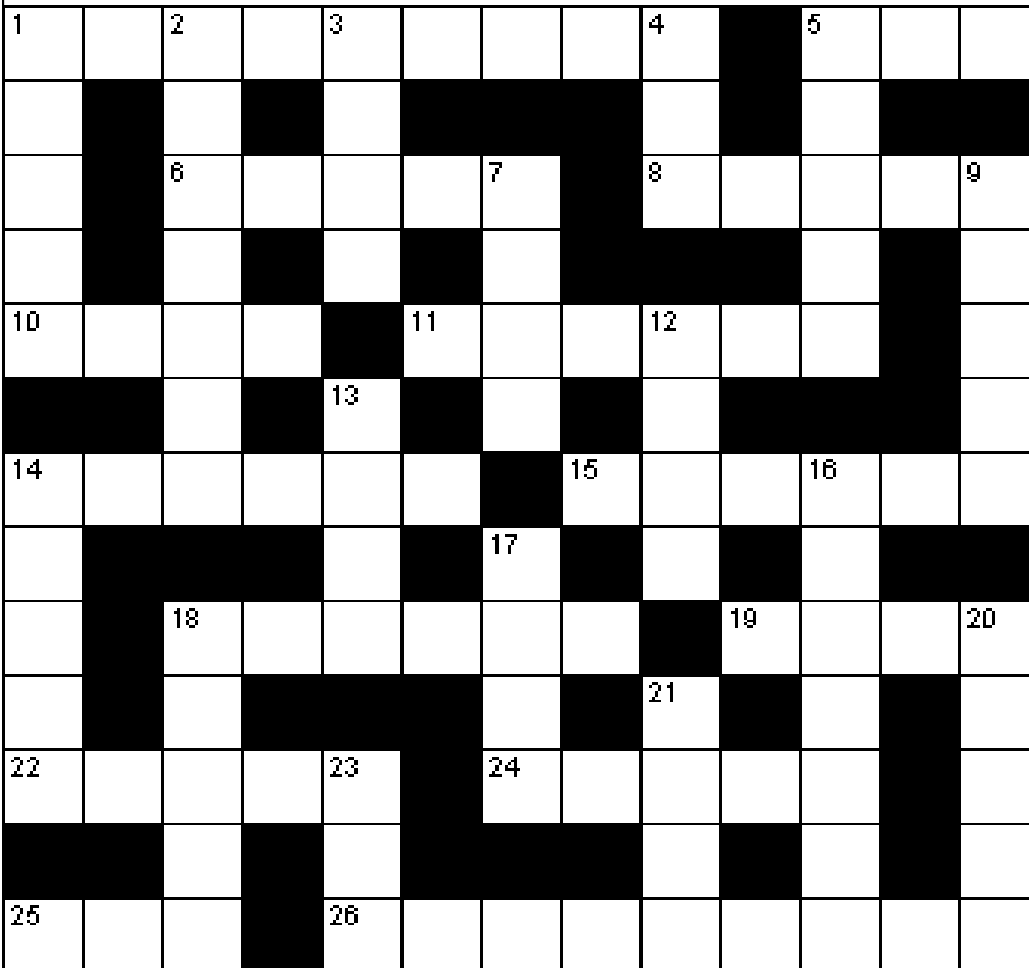
What animal is long with no legs? _____

What animal is the king? _____

ostrich, elephant, lion, penguin, polar bear, mosquito, horse, camel, bee, snake, hen, cow, monkey, giraffe, ladybug, frog, rhinoceros



Adult Page



Across

1. Large voracious aquatic reptile (9)
5. Female chicken (3)
6. Small parasitic arachnids (5)
8. Immature lifeform prior to metamorphosis (5)
10. Animal den (4)
11. Dog (6)
14. Mythical monster (6)
15. Salted and smoked herring (6)
18. Animal symbol (6)
19. Young of 14 Down (4)
22. Large black and white herbivorous mammal (5)
24. Freshwater carnivorous mammal (5)
25. Constrictor (3)
26. Arboreal rodents (9)

Down

1. May be Bactrian or dromedary (5)
2. The largest living bird (7)
3. Killer whale (4)
4. Snakelike fish (3)
5. Solid-hoofed herbivorous quadruped (5)
7. Marine mammal (4)
9. Small viper (5)
12. Wading bird (4)
13. Colony insects (4)
14. Horned ruminant mammal (5)
16. North American burrowing rodent, ___ dog (7)
17. Extinct heavy flightless bird (4)
18. Extremely large pelagic tropical ray (5)
20. Ursine mammals (5)
21. Echinoderm, ___ fish (4)
23. Donkey (3)



Across

- 1. Tea and ___ (8)
- 5. The ___ test (4)
- 9. ___ coffee (7)
- 10. Guardian ___ (5)
- 11. The ___ and the tortoise (4)
- 12. ___ awaited (7)
- 14. Practice what you ___ (6)
- 16. ___ promises (6)
- 19. Dante's ___ (7)
- 21. The birds and the ___ (4)
- 23. It takes two to ___ (5)
- 24. Picks and ___ (7)
- 25. X - ___ (4)
- 26. The ___ Land (8)

Down

- 1. Hop, ___ and jump (4)
- 2. ___ in a bottle (7)
- 3. Wide ___ (5)
- 4. Mad ___ (6)
- 6. Close but no ___ (5)
- 7. ___ tactics (8)
- 8. ___ than life (6)
- 13. ___ group (8)
- 15. ___ and stick (6)
- 17. Finders ___ (7)
- 18. Rabble - ___ (6)
- 20. ___ - bone (5)
- 21. A new ___ sweeps clean (5)
- 22. ___ car salesman (4)

6 letter words

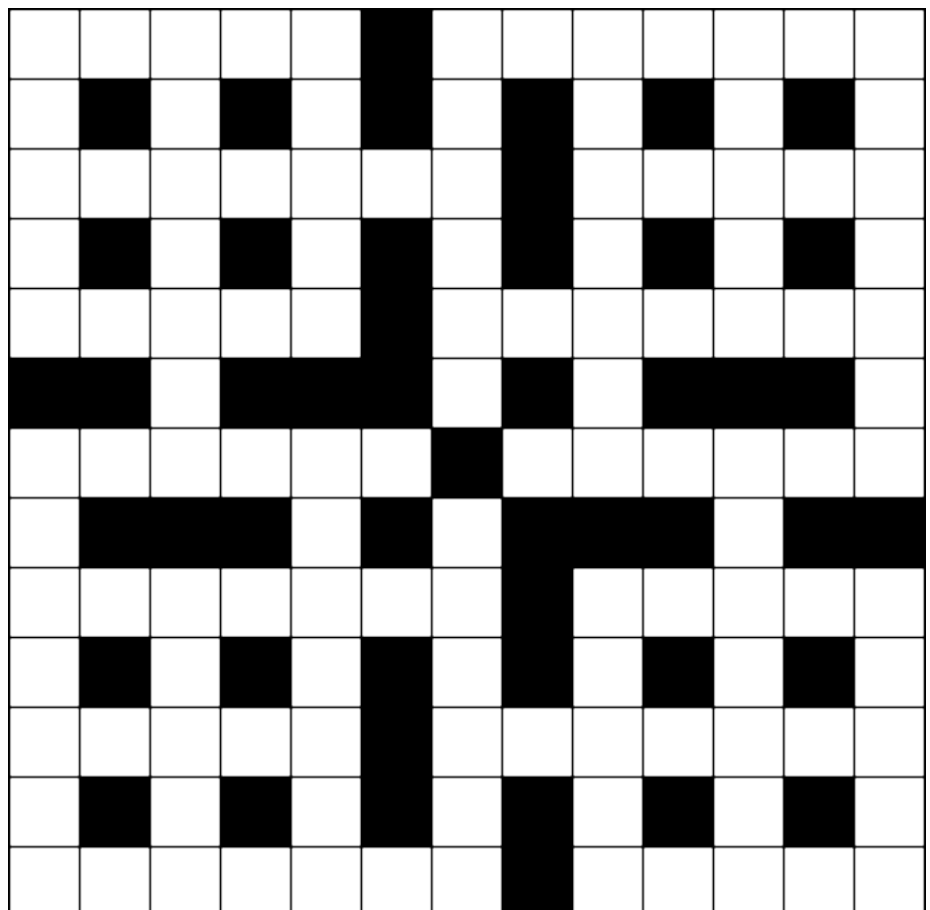
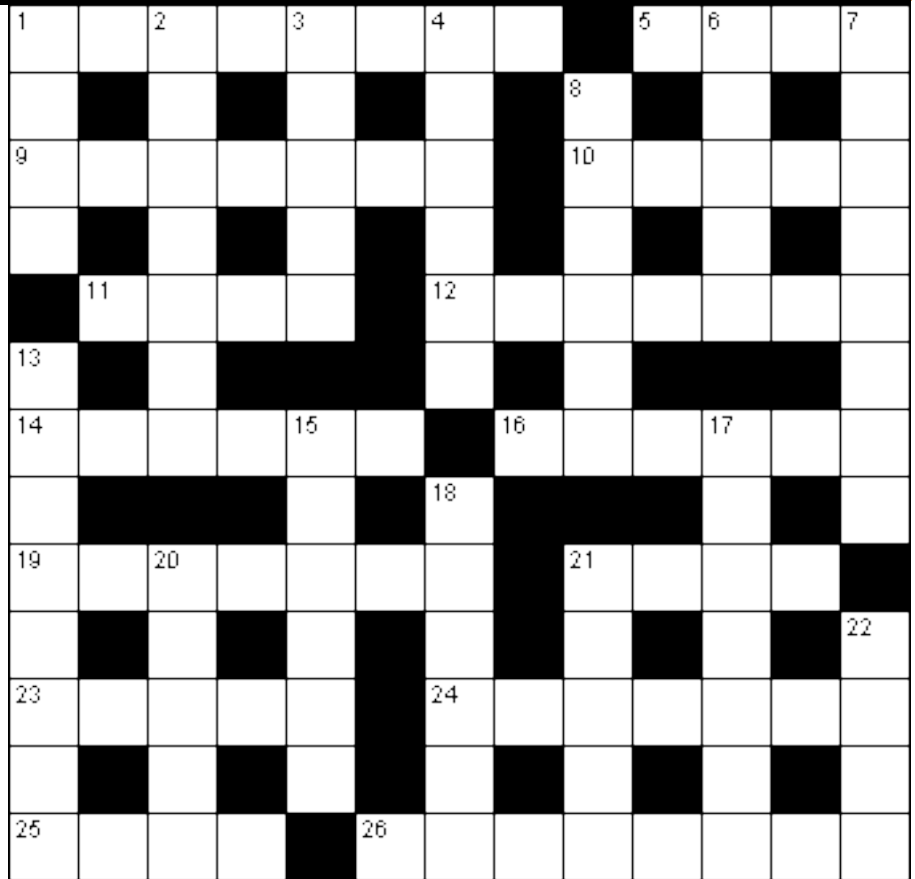
- ACTION
- ADROIT
- ODDITY
- VANITY

7 letter words

- AWESOME
- BASSOON
- EASIEST
- ELAPSED
- HEALTHY
- IMAGINE
- INSIGHT
- OBELISK
- OBSERVE
- RIPENED
- TANGENT
- VARNISH

5 letter words

- ACHES
- DREAD
- EAGLE
- FIELD
- FRAIL
- ISSUE
- LIKED
- OTHER
- PASTA
- SCOPE
- TABLE
- TWINS



Local Business Info

Menzies Hotel

Store Open from 9am—4pm Daily
Grocery Supplies, Milk & Bread

Meals Weekdays -

Counter Meal 12—2pm

Evening Special or order
from the Blackboard Menu



Meals Sunday

Counter Meal 12—2pm & 6—8PM

Evening Roast SUNDAY Special

Accommodation Ph: 90242016

Grand Hotel Kookynie

Food, Accommodation, Petrol & Diesel

Monday to Saturday - 9 am to 9pm
Sunday - 10am to 9pm

Takeaway & Counter Meals, Lunch
& Evening. Breakfast by arrange-
ment for travelers .

Grocery lines & LPG Bottle fill.

Fuel - Diesel & Unleaded

Camping Ground
adjacent to hotel

Ph: 90313010

Fax: 90313001



Grand Hotel Kookynie

70 kms NE of Menzies

Outback Pub in a Living Ghost Town. Visit the new
Information Bay, pick up a brochure and wander the

town site seeking the 'ghosts' of the past. Visit

Nearby Historic Niagara Dam, Picnic & Gas BBQ
Facilities, Toilets, Camping and Two Walk Trails.

Menzies Centrelink Agent

Contact – Alana Cameron

Phone: 90242504 Fax: 90242191

Open 8 -11am Weekdays

At the Menzies Aboriginal Corp.

Centre, Walsh Street Menzies



Phone Recycling Points in Kalgoorlie

Dick Smith Electronics - Brookman St

United Credit Union Limited - 347 Hannan St

Vodafone Kalgoorlie - 260 Hannan Street

Kalgoorlie Post Shop - Near Woolworths

Cartridge World - 1/72 Maritana Street

T (Life) Kalgoorlie - 207 Hannan Street

*Aust. Post Hannans - **Shop 11 Hannans B'lvard***

Harvey Normans - Southlands, Oswald Street

www.recyclingnearyou.com.au

Getting about the Goldfields

BOOK HERE

Menzies Visitor Centre Ph: 90 242 702

PERTH-GOLDFIELDS EXPRESS

GOLDRUSH TOURS



VISITORS TO KALGOORLIE -

Take advantage of an overnight stay in Menzies, Leonora or Laverton, returning the next day.

The new Goldrush Tour Express Timetable Effective 1 July 2010 has an earlier start from Kalgoorlie on the Thursday to allow visitors to the region to travel to the Northern Goldfields towns of Menzies, Leonora and Laverton for an overnight stay returning the following day. It will also remain the best method for Northern Goldfields residents to travel to and from the same towns.

NEW GOLDRUSH TOURS EXPRESS TIMETABLE

Book at Menzies Visitor Centre

GOLDRUSH TOURS

GRT EXPRESS TIMETABLE

Kalgoorlie to Laverton

TIMETABLE EFFECTIVE 01/07/2010

THURSDAY

EXPRESS	TIME
KALGOORLIE RAILWAY STATION	9.00 am
KALGOORLIE VISITOR CENTRE	9.15 am
MENZIES	10.40 am
KOOKYNIE TURNOFF	11.05 am
LEONORA	ARRIVE 11.45 am
	DEPART 12.00 pm
MURRIN MURRIN TURNOFF	12.45 pm
MT MORGAN TURNOFF	12.55 pm
LAVERTON	1.30 pm

Laverton to Kalgoorlie

TIMETABLE EFFECTIVE 01/07/2010

FRIDAY

EXPRESS	TIME
LAVERTON	9.00 am
MT MORGANS TURNOFF	9.30 am
MURRIN MURRIN	9.40 am
LEONORA	ARRIVE 10.15 am
	DEPART 10.30 am
KOOKYNIE TURNOFF	11.00 am
MENZIES	11.30 am
KALGOORLIE	1.00 pm

BOOKINGS & ENQUIRIES

1800 620 440

Tickets can be purchased from the Kalgoorlie Goldfields Visitor Centre or online at

www.goldrushtours.com.au

The Menzies Matters is produced by the Menzies Community Resource Centre at the 'Former Lady' Shenton Hotel, Community Post Agency, Visitor Centre, Internet, Public Library & Spinifex Art Corner of Shenton & Brown Streets Menzies WA 6436
 Ph: 90242702 Fax: 90242775
visitorcentre@menzies.wa.gov.au

Articles & Photos Always Welcome

Bush Art 'Menzies Past' -
 Photo Jackie Carr



Calendar of Events for March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			01	02	03	04
05 Labour Day	06	07	08	09	10	11
12	13	14	15	16	17 St Patrick's Day	18
19	20	21	22	23	24	25
26	27	28	29	30	31	