



Menzies Matters

Issue 16

Free

July 2009

Menzies Home Game Netball Win



Contending with a biting wind on a Cold winters day Menzies Netball Team pulled it together and defeated Leonora 2 in Round 3 on 13 June. Final Score

Menzies - 31 Leonora 2 - 20. Menzies supplied a warm welcome BBQ and drinks for the Leonora team following the game which was appreciated by all. These ladies have done a wonderful job on and off the court so far this year and are to be commended for their efforts in resurrecting a sporting spirit in Menzies that had been lacking in recent years. All the best for the rest of the Season! Photos - Justin Lee.

Inside this Issue

<i>Shire Matters</i>	2
<i>Council Matters</i>	3
<i>Free Skin Cancer Screening Info</i>	4
<i>Local Stories</i>	6
<i>Local Link Story</i>	7
<i>NGSR Sport & School Holiday Program</i>	8
<i>Community Notices</i>	10
<i>Regional Notices</i>	11
<i>Visiting Specialist Info</i>	12
<i>Local Health Info</i>	13
<i>Menzies News</i>	14
<i>Local Business</i>	15
<i>Local & Art Stories</i>	16
<i>In your Garden</i>	17
<i>Calender of Events</i>	18



Take a look around!

- Historic Sites
- Pioneer Cemetery
- Lake Ballard Sculptures
- Golden Quest Discovery Trail
- Goongarrie
- Kookynie
- Niagara Dam



Shire of Menzies Information

SHIRE OF MENZIES

Bush Fire Burning Periods for 2009/2010

The following times are the Burning Periods for the Shire of Menzies for the forthcoming financial year 1/07/2009

to 30/06/2010 Prohibited Burning Periods:

December 15th 2009 to April 14th 2010

Restricted Burning Periods: November 1st 2009 to December 14th 2009 & April 15th 2010 to May 14th 2010

Brian Seale JP Chief Executive Officer Shire of Menzies

PO Box 4 MENZIES. WA 6436

Phone: 90 242 041 Fax: 90 242 110

SHIRE OF MENZIES

Council Meetings 2009

Council Meetings are usually held in the Council Chambers at 9:00am in the Menzies Town Hall

Next 3 Ordinary Meeting of Council will be - July - Thursday 23rd and August - Thursday 27th.

Please note that for 2009 all Council Meetings will be held on the 4th Thursday of each Month.

The general public are welcome for question time at the start of each months Council Meeting.



Matters arising from the Ordinary Meeting of Council held Thursday 25th June 2009

1. Cultural Awareness Courses.

Council endorsed this concept in the 2009/10 budget with provision to assist in the attendance at "Cultural Awareness Courses" to contribute to both Staff and Elected Members in the issues related to awareness and understanding of Indigenous Cultural issues. Accordingly this is a wonderful gesture and a great step forward in the endeavour for a closer unity within our community.

2. Flag Pole for the Indigenous Flag.

Similarly, at the request of a non indigenous councillor this item was raised and supported unanimously by all councillors present to provide an additional Flag Pole at the Administration Centre in order to fly the Indigenous flag. Again this is a great gesture of recognition and embracing of the indigenous culture by this Government.

3. Wild Dog Controls.

This serious and significant issue was debated at some length at the June Meeting, though it presents some administrative concerns as to monitoring and controls over the delivery of the programme. Accordingly, council is acutely aware of the importance of this issue and has asked that this issue be re-addressed at the July meeting following further research into how best to deliver the programme.

4. Renovations to the Town Hall.

Council also resolved to put aside some substantial funds on the 2009/10 budget for the renovations of the Town Hall and this will subject to further comprehensive advices as to costs, plans and designs (e.t.c.), However, this is an innovatively advanced concept anticipating the future needs and it is wonderful to see the council planning the needs of the community in this type of fashion.

5. Governor to Visit the Goldfields.

Elected members for the Shire of Menzies have been invited to meet with the Governor in a dinner in Leonora in September when the Governor visits the Goldfields. Accordingly this is a great opportunity to meet the head of State and further advices will no doubt issue following this very prestigious event for this council.

6. Town Road Planning for the Future.

Again a particularly innovative concept anticipating the future needs of the community was raised in the endeavour to effectively plan for the future needs by defining the road network of the shire and by doing so effectively delineates the locations of the various vacant sites in the towns

Cont. next page



Matters arising from the Ordinary Meeting of Council held
Thursday 28th May 2009 (Continued from previous page)

7. Corporate Plan.

The corporate plan as prepared by a consultant was adopted by the Council as the "Blue Print" of the factors of significance and importance for this community and is a major step forward in the direction for this shire. This Plan will enable operational issues to be formed up, Grants applied for and future planning a t be undertaken. This is significant and sets the pace and direction for arguably the next twenty years. This is great news and where Council is commended for embracing this "Futuristic Approach" to development.

8. Depot Controller.

Council also approved the engagement of a "Depot Person" to effect controls over the administration of the Depot with security, materials receipts, plant and equipment issue and controls, ordering of goods and services, researching of prices, basic and minor repairs and general support to the Works Manager. This engagement will be advertised locally in the next few weeks once council has approved the "Position Description Form" to define clearly the expectations of the position. Thus, this is also a great step forward in the application of effective controls in a range of areas and over a huge volume of valued equipment and will great support the Works Manager.

9. Budget Adoption 2009/10

The councillors deliberated over this most importance issue well into the evening of Thursday June 25th, 2009 to adopt a budget which includes a range of exciting projects for this community and where further advices will issue to Councillors prior to incurring the expenditure so as to ensure the project develops accordingly to the ambitions and intentions of the Council. Although some projects are dependent on Grant funding approvals, a brief summary of the proposed budget includes the following :

1.Speed Trailer for the Main Street (to be shared with Leonora and Laverton.)	\$ 21,000
2.Restoration to the former Police station	\$ 50,000
3. Road Maintenance Programme	\$1,258,000
4.Lake Ballard Infrastructure	\$ 50,000
5.Lady Shenton Upgrade	\$ 150,000
6.Tea-Rooms Restoration	\$ 130,000
7.Menzies Walk Trail	\$ 120,000
8.Well Aged Village Design Work	\$ 50,000
9.Purchase of Residences from G.R.O.H.	\$ 200,000
10.Footpath and Curbing Programme	\$ 100,000
11.Road Construction Work	\$2,000,000
12.Truck Bay Assembly Area.	<u>\$ 150,000</u>
	\$4,279,000

10. Ranger Services for Niagara Dam Site.

On a less pleasing note is that Council had to address the issue of unacceptable behaviour being regularly exhibited at the Niagara Dam and where the potential of engaging a ranger was considered. The issues lead to some administrative difficulties with monitoring, controls and safety. Accordingly council has requested that further research into this matter be applied for further consideration at the July meeting.

11. Tidy Towns Competition.

This very prestigious event has been supported by Council and Shire's participation on the 2009/10 year is established with the involvement of Cr. Kelly to represent the Council at meetings and functions relative to the event. Accordingly, we are thankful to Cr. Kelly for the preparedness to participate and look forward to the judging and the engagement in this State wide programme again for this coming year.

12. Donations to the Children's Cancer Institute, Cerebral Palsy Assoc, and St John's Ambulance.

The Council for the Shire of Menzies also approved at the June meeting donations to support these Charities which all do a huge amount of good to communities across Australia and are all well deserving charitable organizations. The donation to the St John's Ambulance Association is specifically directed to the Menzies Sub branch as this is a non profit making organization and operated by volunteers, needs to raise its own funds as it is not Government funded. Accordingly, this is a wonderful support from the Menzies Council and indeed is most gratefully received.

Brian W. Seale J.P. Chief Executive Officer

Shire of Menzies W.A. Ph- 9024-2041 Fax-9024-2110 Mobile 0409-114 509

Book Now for this Free Skin Cancer Screening



A health partnership
between the Lions Cancer
Institute and the Royal
Flying Doctor Service



FREE COMMUNITY SKIN CANCER SCREENINGS

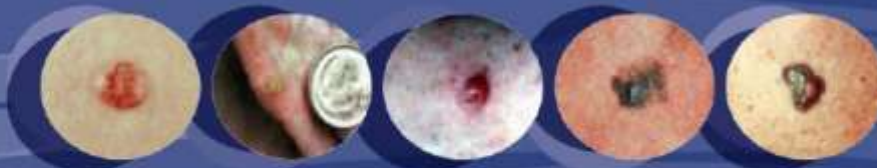
MENZIES

Monday 13 July

@ Town Hall Carpark

Book NOW 9024 2702

DON'T RISK GETTING THESE



BE SUNSMART EVERY DAY

- **Slip** on sun-protective clothing – that covers as much skin as possible
- **Slop** on broad spectrum, water resistant SPF30+ sunscreen.
- **Slap** on a wide brimmed before hat – that protects your face, head, neck and ears
- **Seek** shade
- **Slide** on some sunglasses that meet Australian Standards

Check your skin regularly and see a doctor if you notice any unusual skin changes.

Skin Cancer Screening Media Release

IMMEDIATE RELEASE**Thursday 11 June 2009****Free Skin Cancer Screenings For The Goldfields**

Free skin cancer screenings will be available at sites across the Goldfields region in July.

Organised by the Royal Flying Doctor Service through its 'RFDS on the road' Primary Health Care Program, the screening team will visit thirteen sites and communities across the Goldfields Esperance region.

The free screenings are a partnership project between the 'RFDS on the road' Program, supported by BHP Billiton Nickel West, and the Lions Cancer Institute.

A team of professional health volunteers from the Lions Cancer Institute and the WA Society of Plastic Surgeons will join with 'RFDS on the road' staff to spend four weeks providing free skin cancer education and screenings.

The FREE screenings will build on the success of a program conducted in the Pilbara in 2008 which saw 2,236 people screened, resulting in an alarming 24.9 per cent referral rate for suspect skin lesions.

Tim Shackleton, RFDS Western Operations chief executive officer says the screening program will take preventative and life saving health care to communities across the Goldfields Esperance region.

"This mobile health initiative means that people will have access to first class preventative health care and state of the art skin screening services close to their home."

"It is truly a fantastic partnership between us, the Lions Cancer Institute and BHP Billiton. We are certain that this year's program will give many regional people the opportunity to be screened."

Free skin cancer screenings will take at BHP Billiton's Mt Keith and Leinster sites, plus the townships of Leinster, Leonora, Laverton, Menzies, Kalgoorlie, Boulder, Coolgardie, Norseman, Grass Patch, Salmon Gums, Esperance and Ravensthorpe.

Booking details will be advised in coming weeks via local radio and press. **ENDS**

Media contacts: Trish Slee RFDS Western Operations

Tel: 9417 6391

Mob: 0427 330 103

tricia.slee@rfdswa.com.au

Photo Right: LCI screener Colin Beauchamp checks for dangerous skin lesions during the 'RFDS on the road' and LCI partnership screenings in the Pilbara region in 2008.



Local Stories

MENZIES GIRL MAKES GIANTS CHEERLEADER SQUAD



Congratulations to Allana Seale, our local girl, on making the Squad for the Giants Basketball Cheerleaders. This was her second appearance with the squad. Not so many nerves this week, Allana did an impressive display together with her team and her parents are so proud of Allana for persevering as she has made the squad. Well done Allana.

Allana goes to Kalgoorlie every Saturday to train with the team, under tuition from Melinda Manners, one of the teachers from the Kalgoorlie School of Dance. Even brother Nathan gets into the spirit of the game with a signature from a 'Giant'. The Giants Basketball team won against the Geraldton Buccaneers on Saturday July 4th 2009.



Your Story Matters ~ an opportunity to share your story with us all.

Kids, adults, locals, visitors, prospectors, long & short stay caravanners, let us know about your story - what you got up to in the school holidays, your hobbies or a story about a friend or relative you visited. Any Menzies or Kookynie residents with a story to tell we would like to hear from you also. Travellers who are passing through or staying in Menzies a day or two. Drop us a line and let us know what you think of Menzies, Lake Ballard or other interesting places or people on your travels. See back page for contacts.



Family affair: (Front) Marlene Hansen, Violet Graham, Danny Graham, (middle) Delma Graham, Serino Blaskovich, Maureen Tucker, (back) Daryl Graham, Robin Graham, Gary Graham and Elizabeth Graham.

Woman baptised aged 86

A LOCAL family is basking in joy following the baptism of their 86-year-old mother, grandmother, great-grandmother and great-great-grandmother.

Most of Violet Graham's extended family, who have a significant history in the Goldfields, recently attended her baptism.

Violet's daughter, Maureen Tucker, said the event was a special one for the family and her mum had decided to be baptised after almost losing her life.

"It was really beautiful and was what mum wanted," she said.

"She grew up at the mission, but was too young to remember being baptised then, so we did it

now because she wanted to give her heart to the Lord."

Violet has 11 children, 54 grandchildren, more than 150 great grandchildren and 46 great-great grandchildren and her baptism made for a perfect family reunion.

"Almost all her children were there except two," Maureen said.

Newspaper Article kindly reproduced with permission from the Kalgoorlie Miner & supplied by Maureen Tucker.

A Senior Birthday Wish for Cr Kelly!

Aileen Kelly is off celebrating her 60th Birthday in far north Queensland at the National Hotel in Mt. Molloy. Best wishes for the 17th Aileen

Our roving correspondent Carol will report on the celebration on her return from meeting up with Aileen in Qld.

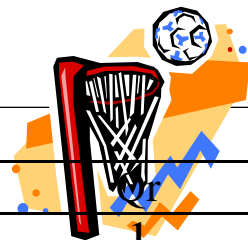




NGSR - Sports News

Northern Goldfields Netball Results

Round 4 27/06/09



1
2
3
4

Qr	Leonora 1	Leonora 2	Final score
1	8	8	
2	13	6	
3	7	4	
4	5	11	
Final score	33	29	

Qr	Menzies	Leinster
1	9	11
2	4	12
3	8	10
4	9	10
Final score	30	43

LADDER

Position	Team	Played	Win	Lost	Draw	Points For	Points Against	%	Pts
1	Leinster	3	3	0	0	155	61	254.10	12
2	Leonora 1	3	3	0	0	131	81	161.73	12
3	Menzies	3	1	2	0	89	102	87.25	4
4	Leonora 2	4	1	3	0	111	152	73.03	4
5	Laverton	3	0	3	0	66	156	42.31	0

Round 5 01/08/09

Teams	Location	Time
Laverton Vs Menzies	Leonora	11 am
Leinster Vs Leonora 1	Leinster	11 am

Leonora 2 BYE

Coordinator: Gavin Isbister phone: 0439 099 754 Email: gavin.ngsrc@hotmail.com



SCHOOL HOLIDAY ACTIVITIES

With Gavin Isbister Northern Goldfields Sport and Recreation Coordinator.

Tuesday	06/07/09	Laverton	11.00am - 12pm	Oval
	06/07/09	Leonora	3.15pm - 4.15pm	Rec centre
Wednesday	07/07/09	Leonora	2.00pm - 4.00pm	Town Oval
Thursday	09/07/09	Leonora	1.00pm - 2.00pm	Rec centre
Friday	10/07/09	Laverton	11.00am - 12pm	Oval
	10/07/09	Laverton	1.30pm - 2.30pm	Hall
Monday	13/07/09	Menzies	11.00am - 12pm	Oval
	13/07/09	Menzies	1.00pm - 2.00pm	Hall
Tuesday	14/07/09	Laverton	11.00am - 12pm	Oval
	14/07/09	Leonora	3.15pm - 4.15pm	Rec centre
Wednesday	15/07/09	Leonora	1.00pm - 2.00pm	Town Oval
Thursday	16/07/09	Menzies		

Please note sessions are designed for ages in Years 5 and up.

Please wear shoes and bring water bottles.

Menzies Community Notice Board

1300 88 5000

National Tree Day
VISIT TREEDAY.PLANETARK.ORG

get growing!

Schools Tree Day
Friday 31 July 09

National Tree Day
Sunday 2 August 09

National Tree Day is organised by Planet Ark in partnership with Toyota Prius

PLANETARK **PRIOUS PEOPLE** Proud sponsor

Tiarnie Green
Turns 23 on
29th July 2009



Centrelink Agent
Contact – Alana Cameron
Phone: 90242504
Open 8 -11am Weekdays
At the MAC Centre
Walsh Street Menzies

Menzies Sub Branch Next Meeting
12pm Sat 8th August followed by BBQ
Training Wednesday evenings 6pm
15th, 22nd & 29th July 2009.
All training & meetings to be held at
the Ambulance Shed in Mercer Street
Menzies. More Info 0448242040

Menzies Public Library
A monthly exchange of books from the
State
Library of WA includes Adult and Junior, Fiction
& Non-Fiction Books, DVD's, Videos & Audio
Books (both Cassette & CD). Free membership
to locals and there is always something new with
many monthly donations of books and DVD's.
A quiet reading space within the library makes for
a pleasant spot to while away a few hours over a
book, magazine or for research. Internet service
also available in the Telecentre room.

Kookynie Volunteer Association Inc.
A volunteer group who participate in community
events and working projects. New members
and volunteers welcome.

Regular General Meetings held in Menzies,
Kookynie & Leonora
For more KVA info phone Greg on 90313031 or
email: riflepoint@bigpond.com
or phone Robyn on 90242702 or
email ironworks@bigpond.com

We need Volunteers for our next big fundraiser catering for 200
people from the Variety Club on Wednesday 27th August 2009.

If you can assist please contact us soon.

Regional Community Notice Board

Public Notice - Bluebush Pastoral Co.

*Melita, Jeedamy, Yundaga &
Kookynie Stations.*

Due to large wild dog numbers all camping on the above pastoral leases is not permitted until further notice. Notification for permission to prospect on the above pastoral leases must be made by contacting the Manager Allan McCooke on Ph: 90376053

Reward \$1,000

A reward has been offered for any information regarding the unlawful baiting of a residents pet dog on Tuesday 7th July 2009 in Menzies.

Please contact Chris or John at the Menzies Road House
or
Ph: 90242046



EGSARC

The Eastern Goldfields Sexual Assault Resource Centre

Is calling for expressions of interest to attend a fantastic training opportunity being brought to the Goldfields.

EGSARC is proposing to host a Holyoake Drumbeat Training in August 2009. Dates are yet to be confirmed.

If you are interested in attending please forward your name and contact details to adminsarc@westnet.com.au or alternatively call 90 911 922.

There are 20 places available, first in, first registered.

Drumbeat is a highly sought after group accredited training program run throughout Western Australia targeted at at-risk youth. It is of particular interest to those working in secondary schools, youth centres, mental health services, drug rehabilitation centres and prisons. It has gained interest due to its popularity in being able to engage with young people across a range of cultural backgrounds.



PCYC BLUE LIGHT BALL

ENCHANTED
DREAMS

*Important
DATE!*

*E scape from reality,
I nto the land of your dreams.
W alk through the wardrobe,*

Nothing is as it seems....

Friday the 18th of Sept 2009

7.00pm-11.00pm

Tickets are available soon

Regional Visiting Specialist & Health Information

Stop the spread of flu germs

Cover your mouth and nose with a tissue when you cough or sneeze

Put your used tissue in the rubbish bin or in a plastic bag

Gel and Go squirt the alcohol gel on your hand and rub till dry **or** **Wash and dry** your hands often, especially after coughing or sneezing - use soap

Stay away from others if you're sick

Protect your family from **INFLUENZA**

Department of Health
Western Australia
www.health.wa.gov.au

POITIER MEDICAL PRACTICE
Dr. Charl Du Plessis M.B.Ch.B, D.O.H, D.A.M.E
 2332736 2796332L
 967 Sadie Canning Drive, Leonora, WA 6438.
 08 9037 6238 08 9037 6799
 charl.du.plessis@goldhealth.net.au

Next Visiting Specialists

Dental Clinic 29th June to 24th July 2009

The Dental Clinic will be in Leonora / Laverton and **16th November to 11th December 2009**. These dates are **approximate** only and a notice will be posted as soon as we receive confirmation of official dates. Names may be left with Poitier Medical Practice and the Dental Receptionist shall contact you when they arrive in town. Phone 90376238 to leave your name.

Gynaecologist Dr Robyn Leake 21st July 2009

Date yet to be confirmed, for info Phone: 9037 6238

Podiatrist 30th & 31st July 2009

Appointments Phone: 9037 6238

Dr Elena Ghergori female GP 10th or 11th Sept 2009.

Date yet to be confirmed, for info Phone: 9037 6238

Stop the spread of germs that make you and others sick!

Cover your Cough

Cover your mouth and nose with a tissue when you cough or sneeze or cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.

Clean your Hands

after coughing or sneezing.

Wash hands with soap and warm water for 20 seconds or clean with alcohol-based hand cleaners.

CDC **MIDH** **APIC**

Clean Hands Save Lives!

- It is best to wash your hands with soap and warm water for 20 seconds.
- When water is not available, use alcohol-based products (sanitizers).
- Wash hands before preparing or eating food and after going to the bathroom.
- Keeping your hands clean helps you avoid getting sick.

When should you wash your hands?

- Before preparing or eating food
- After going to the bathroom
- After changing diapers or cleaning up a child who has gone to the bathroom
- Before and after caring for someone who is sick
- After handling uncooked foods, particularly raw meat, poultry, or fish
- After blowing your nose, coughing, or sneezing
- After handling an animal or animal waste
- After handling garbage
- Before and after treating a cut or wound
- After handling items contaminated by flood water or sewage
- When your hands are visibly dirty

Using alcohol-based sanitizers

- Apply product to the palm of one hand.
- Rub hands together.
- Rub product over all surfaces of hands and fingers until hands are dry.

Note: The volume needed to reduce the number of germs varies by product.

Washing with soap and water

- Place your hands together under water (warm if possible).
- Rub your hands together for at least 20 seconds (with soap if possible).
- Wash your hands thoroughly including wrists, palms, back of hands, and under the fingernails.
- Clean the area from under fingernails.
- Rinse the soap from your hands.
- Dry your hands completely with a clean towel if possible (this helps remove the germs). However, if towels are not available it is okay to air dry your hands.
- Pat your skin rather than rubbing to avoid chapping and cracking.
- If you use a disposable towel, throw it in the bin.

Remember: if soap and water are not available, use alcohol-based hand sanitizer.

Menzies Health Centre Information

MENZIES HEALTH CENTRE

CLINIC ATTENDED by Sam
MONDAY - FRIDAY from 27 Jan
for five weeks from that date.

Phone - 90242044

FOR IMMEDIATE HEALTH ADVICE CALL

HEALTH DIRECT 1800 022 222
ANYTIME DAY OR NIGHT
POISONS INFO AVAILABLE 24Hrs
13 11 26

IF URGENT CONTACT 000 or
SHIRE : 90242041 / A.H. 90242051

POITIER MEDICAL PRACTICE

LEONORA

DR APPOINTMENTS - Ph: 90376238
EMERGENCIES - - Ph: 90804300

Menzies Health Centre

Next RFDS Clinic TBA
Appointments - Ph: 90242044
There is No Clinic for July



Menzies Health Centre Visiting Dietician

Dietician's Clinic 2009 Dates Bi-monthly
July 9th, Sept 3rd, & Nov 5th
Appointments Ph: 90242044

Menzies Health Centre Health Care Programs

Now Targeting Childhood Immunisation
and School Health Screening.

Standard Flu Vaccine for Children from
6 Months to 5 Years and Adults Over 65
are all eligible for free flu immunisation.
Please Phone 90242044 for more info.

Menzies Health info for Visitors

Short or Long Stay



If you have a significant
Medical History you can contact the
Health Clinic to have your Medical
History recorded for future Visiting
Doctor & Specialist Appointments
while you stay in Menzies.

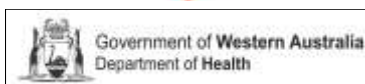
Dietitian's Clinic - Where? Menzies Health Centre When? Thursdays, bimonthly, from 10 am

Starting date:

- July 9th
- September 3rd
- November 5th

2009 DATES

CONTACT THE HEALTH
CENTRE FOR
APPOINTMENTS
ON (08) 9024 2044



2009

Standard Fluvax

Available Now

Menzies Health Centre



What's happened in Menzies lately?



Wedding for Roadhouse Owners

The marriage of Christine Birmingham & John Nelis in Menzies in May 2009 was possibly the first wedding in Menzies for many years. It was held at the Roadhouse after closing time on Sunday 24th May 2009. Attended by their friends and residents of Menzies it went off without a 'hitch'. Long time Menzies resident, Alan Henderson gave the bride away.

The wedding was a exchanging of vows ceremony for Chris & John which enhanced their original wedding registration held in Tasmania on a vacation to the Apple Isle last November. Congratulations x 2!

ALAN J. CARPENTER (M.L.A.) VISITS MENZIES.

The Shire and community of Menzies were indeed honoured to have the former Premier of the state of W.A. visit on Tuesday 7th July 2009 and meet a number of the community members, which proved to be hugely successful for this community. Mr Carpenter is the current member for Willagee in the Legislative Assembly and participated in some light hearted conversation with the guests and after a brief luncheon was able to spend a few moments in "Public Question Time" to respond to some questions from the assembly where this was a very valuable opportunity for the community to meet a Backbencher from State Parliament and be able to pose questions and enquiries to a State Parliamentarian.

Some significant questions for this community were asked of Mr Carpenter where he undertook to research these and respond via the Shire in due course and where the visit was a great step forward for all concerned for State to Local Government relations and where we all enjoyed the open and honest approach Mr Carpenter displayed and presented so willingly.



Local Business

Menzies Hotel Open from 12 pm Daily

Meals Weekdays & Saturday

Light Lunch 12am onwards

Toasted Sandwiches, Pies Pasties & Sausage Rolls

Evening Special \$15 or order from the Blackboard Menu

Meals Sunday

Counter Meal 12—2pm

Evening Roast Special \$15

Accommodation Ph: 90242016



Menzies Roadhouse

Petrol & Diesel

Monday to Saturday -
6.30am to 7.30pm

Sunday -
7.30am to 12 noon

Located

Cnr Shenton & Wilson Streets

Where you turn off to Lake Ballard

Sit Down & Takeaway

Meals & Grocery lines

LPG Bottle Exchange

Ph: 90242046



Managing Your Business in Challenging Times

Now more than ever, you need the right tools & information to manage your business effectively.

To assist you, the Small Business Centre Goldfields is available at any time free of charge if you need assistance with the following:

- Cash flow forecasting for next financial year
- Debt collection strategies
- Obligations to employees
- Business planning
- Understanding your Australian Taxation Office Obligations
- Starting a business
- Business Funding Opportunities
- New Enterprise Incentive Scheme (NEIS)
- Indigenous Business Australia

Our service has been operating throughout the Goldfields since 1991 and provides an essential service in small business development and management. Our service is also free!

Please contact us on 9021 7708 or email us at sbcgoldfieldsadmin@kalnet.com.au with any questions. You can also pop down to the Menzies Visitor Centre to pick up some flyers about our service.



St John Ambulance Association Menzies Sub Branch



The Menzies St John Sub Centre had its AGM on Monday the 6th of July '09.

The elected members are as follows:-

Chairman – Jerry Lenane

Vice Chairman – Lloyd Lansdown

Treasurer – Brian Seale

Secretary – Katie Lenane

Public Relations Officer – Robyn McCarthy

The meeting was a wonderful success with several new members joining and we thank everyone for coming. If anyone has any queries regarding joining St Johns or any other general information please contact Jerry on 0448 242 040. There will also be Volunteers Membership forms available at the Resource Centre.

Weekly Training nights will be held on Wednesdays 15th, 22nd & 29th of July at the Ambulance Shed in Mercer Street @ 6pm. The next Sub Centre General Meeting will be on Saturday, 8th August 2009 followed by an ambulance familiarisation & social BBQ. Please feel free to attend ALL WELCOME.



Spinefex Art Stories - Profile of Artist Gerome Anderson



Size Medium 910 x 610 mm / Acrylic on Canvas

Spinefex Art Gallery is inside the Menzies Visitors Centre,
the 'Former' Lady Shenton Hotel.

Artist Gerome Anderson was born 1/07/1940 at Ilbili, his Language is Pitjanjatjara.

Gerome's art is part of the Spinefex Arts Project at the Tjuntjuntjarra Community approximately 750kms east of Menzies.

Miramiratjara

Gerome Anderson was born at ilbii, a place adjacent to Miramiratjara and an area of cultural and geographical significance to the Spinefex people. In this area there is a permanent underground water supply guarded by many snakes. These snakes need to be pacified with a snaking ceremony by initiated men in order to be able to dig for water. Jerome specifically mentions the other rock holes and soak in the immediate area of Tunkaratjara, Parapurtjara,

Minga, Mukuritjara, Ngali and Kalyka. Jerome is a senior initiated man and has lived in the Great Victoria Desert not far from his country all of his life.

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Let your kids get their hands dirty these school holidays

How to start your own worm farm...

Entice your children away from the TV or computer games these school holidays with the promise of letting them get their hands dirty. Starting a compost or worm farm to recycle food and garden waste is a great, fun activity that teaches them to save the environment.



DID YOU KNOW?

Worms will eat most of your kitchen waste and turn it into a high-quality fertiliser.

- ☐ If there are more than 1 million worms living in a hectare of soil, they could make 100 tonnes of castings. These same 1 million worms burrowing into a hectare of soil can create a drainage system equal to 1.2km of 15cm pipe.
- ☐ **TIP!** Keep a tight lid on the container you use to store food scraps before adding them to the bin. This will prevent flies from laying eggs in the scraps

STEP 1. Chose a container to house your worms

You can buy a ready-made plastic worm farm or reuse old materials. Some ideas are foam boxes from your green grocer, old dresser drawers, a trunk or discarded barrel.

- ☐ Make holes in the bottom of one box to let liquid drain.
- ☐ Place the box containing holes over another box without holes and make a tap in the bottom box to let the liquid out.
- ☐ Put an upturned ice-cream container or a brick in the bottom box. This will help any worms that fall through the holes to climb up into the upper box. It will also form an island for the worms so they don't drown.

STEP 2. Make the bedding

The best bedding materials are torn newspaper and cardboard, leaves, chopped up straw and other dead plants, seaweed, sawdust, compost and aged manure. Be sure to wet the bedding - it must be moist like a wrung out sponge, then fill about three-quarters of the upper box. Include a couple of handfuls of sand or soil to provide necessary grit for the worm's digestion of food.

STEP 3. Add the worms

The best kind of earthworm to use is the redworm (a.k.a. red wiggler). These worms are incredible garbage eaters! They eat and expel their own weight every day, so even a small bin of redworms will yield large quantities of rich sweet-smelling compost. When you add the worms they will quickly crawl down into the bedding as they don't like light.

STEP 4. Add food waste

Remember:

- ☐ Don't add too much at once.
- ☐ Bury the food 5-6cm under the bedding to help prevent fruit flies.
- ☐ Chopping the food makes it easier for the worms to eat.
- ☐ Meat, bones, fatty food or dairy products often smell and can attract flies and other rodents.
- ☐ Eggshells will maintain the bedding at a safe pH level. Without them the bedding may become too acidic.

STEP 5. Cover the worm bed

Cover the worm farm with newspaper or a piece of hessian. This will help keep a constant temperature in the worm farm.

Add water to the box whenever it begins to get dry. It should be the consistency of a lightly squeezed sponge - if it is too wet the worms will die. Be sure to keep your worm farm out of hot sun and heavy rain.

STEP 6. Harvest the worm castings

After a few months, your worm farm will be ready to harvest. There should be little or no original bedding visible in the bin and the contents will be brown and earthy looking worm castings. To harvest your bin:

1. Move the contents of the bin to one side. Add fresh bedding and food to the vacant side. The worms will move from the finished compost in search of food. After a few days you should be able to remove the older, worm free compost.
2. Or dump the contents of the bin onto a large plastic sheet, and separate into small piles. Place a bright light above the sheet. The worms will move down away from the light allowing you to collect the compost.



Feed you worms:

- ☐ Fruit (except citrus)
- ☐ Vegetables (except onions)
- ☐ Coffee grounds and filter
- ☐ Tea bags
- ☐ Crushed egg shells
- ☐ Leaves
- ☐ Hair
- ☐ Shredded paper and cardboard

Don't feed your worms:

- Citrus fruits
- Oily foods
- Meat, poultry, fish
- Dairy foods
- Vinegar or salad dressings
- Glossy coloured paper (magazines, junk mail)
- Bread
- Plants from the onion family (garlic, shallots, leek)



-CONTRIBUTIONS FOR THE MENZIES MATTERS-

Each edition of the Menzies Matters is generally printed in the second week of the month. Contributions need not be long and lengthy articles, short sweet ones are just as good if not better. We are hoping to encourage young and old to send a poem, a short story (it doesn't have to be your own - it could just be a favourite) or a thankyou to some one who has done you a favour or special occasion notice. If you have a contribution, the contact details for the Menzies Matters are above or call into the Visitor Centre and deliver your article personally.

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Menzies Matters produced by -
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 Articles & Photos Always Welcome

Calendar of Events for July - August 2009

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<i>Dental Clinic Leonora 29 June to 24 July see p.12</i>	<i>1 Menzies St John Ambulance AGM 6pm See p.10</i>	<i>2</i>	<i>3</i>	<i>4 Term 2 of School Ends</i>	<i>5</i>
<i>6 National Aboriginal & Torres Strait Islander Week 6th-10th</i>	<i>7</i>	<i>8</i>	<i>9 Dietician's Clinic Menzies See p.12</i>	<i>10</i>	<i>11</i>	<i>12</i>
<i>13 Free Skin Cancer Screening in Menzies See p.5</i>	<i>14</i>	<i>15 Menzies St John Training. 6pm See p.16</i>	<i>16 School Holiday Activities Menzies see p.9</i>	<i>17</i>	<i>18</i>	<i>19</i>
<i>20</i>	<i>21 Term 3 of School Resumes Gynaecologist p.12</i>	<i>22 Menzies St John Training. 6pm See p.16</i>	<i>23 Shire of Menzies Council Meeting 9am</i>	<i>24</i>	<i>25</i>	<i>26 Menzies School Tree Planting Day</i>
<i>27</i>	<i>28</i>	<i>29 Menzies St John Training. 6pm See p.16</i>	<i>30 Podiatrist Leonora Medical Centre See p.12</i>	<i>31 Planet Ark School Tree Day</i>	<i>31 Podiatrist Leonora Medical Centre See p.12</i>	

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					<i>1</i>	<i>2</i>
<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8 Menzies St John Training. & Meeting 12pm See p.16</i>	<i>9</i>