



# Menzies Matters

Issue 15

Free

June 2009



## Two Big Events In One Long Weekend



Menzies Classic Cycle Race Start in Shenton Street Menzies



Bunbury Men of Song



### Inside this Issue

<i>Shire Matters</i>	2
<i>Council Matters</i>	3
<i>Food Recall Information</i>	4 5
<i>Local &amp; Art Stories</i>	6
<i>RFDS Fundraising</i>	7
<i>Menzies Classic</i>	8
<i>NGSR News</i>	9
<i>Tjuntjuntjara Sport</i>	10
<i>Tjuntjuntjara School</i>	11
<i>Tjuntjuntjara Photos</i>	12
<i>Tjuntjuntjara Photos</i>	13
<i>E-Security Info</i>	14
<i>Crime Stoppers</i>	15
<i>Menzies Community</i>	16
<i>Regional Community</i>	17
<i>Leonora Health Info</i>	18
<i>Menzies Health Info</i>	19
<i>Flu Health Info</i>	20
<i>Skin Cancer Screen</i>	21
<i>Small Business Info</i>	22
<i>Country Housing Add</i>	23
<i>Calender of Events</i>	24



### Take a look around!

- Historic Sites
- Pioneer Cemetery
- Lake Ballard Sculptures
- Golden Quest Discovery Trail
- Kookynie
- Niagara Dam

## Shire of Menzies Information



### SHIRE OF MENZIES

#### Bush Fire Burning Periods for 2009/2010

The following times are the Burning Periods for the Shire of Menzies for  
the forthcoming financial year 1/07/2009 to 30/06/2010

Prohibited Burning Periods: December 15<sup>th</sup> 2009 to April 14<sup>th</sup> 2010

*Restricted Burning Periods:* November 1<sup>st</sup> 2009 to December 14<sup>th</sup> 2009 &  
April 15<sup>th</sup> 2010 to May 14<sup>th</sup> 2010

Brian Seale JP Chief Executive Officer Shire of Menzies PO Box 4 MENZIES. WA 6436

Phone: 90 242 041 Fax: 90 242 110

## Shire of Menzies Council Information

### SHIRE OF MENZIES Council Meetings 2009

Council Meetings are usually held in the Council Chambers at 9:00am in the Menzies Town Hall

Next 3 Ordinary Meeting of Council will be -

June - Thursday 25th , July - Thursday 23rd and August - Thursday 27th.

Please note that for 2009 all Council Meetings will be held on the 4th Thursday of each Month.



### Matters arising from the Ordinary Meeting of Council held Thursday 28th May 2009

#### 1. The Menzies Heritage Walk Trail

Council engaged a consultant and Trails Specialist in Jesse Brampton as a consultant to compile and design a Walk Trail for Menzies, similar to the Interpretative Plan designed for Kookynie and resolved to apply \$20,000 in the 2009/10 year to accommodate the planning design part of the programme. This will enable Council to research quotes and obtain Grant funds to implement the plan in a future year.

#### 2. Amalgamation Reform Strategy.

This topical issue was addressed in Chambers and Council resolved to adopt a **"Defence Strategy"** opposing the potential amalgamation reform as proposed by the State Government and indeed the Council is required to make a written submission to the Minister by August 2009 as **to the Shire's approach and position in terms of the** strategy intended to be implemented to display sustainability into the long term for this community. Accordingly, these are interesting times.

#### 3. Operational Plan for the Future of the Shire.

A strategically important and valued aspect of Shire direction is the support for an operational plan for the next five years and where Council resolved to make budget provision of \$20,000 in the 2009/10 year to accommodate the design of the plan.

Cont. next page



## Matters arising from the Ordinary Meeting of Council held Thursday 28th May 2009 (Continued from previous page)

### 4. General Support/ Growth and Promotional Issues for the Community and Services.

Council recently provided a donation to the Royal Flying Doctor Service to assist in the services they provide this community where every **dollar counts in this vital service and where the recent "Men of Song" choral prelude sponsored totally by the Shire also raised approximately \$400** for the St. Johns Ambulance Menzies sub-centre which was a great result for the evening.

Mining exploration continues at the Porphyry and Carosue Dam sites by the Saracen Gold group and this is encouraging to see mining ventures having confidence in the sector and this region.

Council is also in receipt of a number of Building license applications which is a great sign of economic recovery and most encouraging for this Shire. Every property constructed in the Shire represents a significant growth pattern and contributes substantially to building a stronger future for this community.

**A donation was also provided to assist the Menzies Aboriginal Corporation" conduct the Annual Christmas Tree event scheduled for December this year and where Councils' best wishes are extended for a successful event for this occasion.**

**The Shire of Menzies continues to support and participate in the "Goldfields Voluntary Regional Organization of Councils" which is a consortium of Councils unifying towards support for the region and where it is felt that the "Buying Power" is greater with the weight of numbers in accessing grant funding and promoting the region rather than individual shires trying to "Go it Alone". Thus, this strategy is recognized as being arguably the best model available to achieve success for this industry.**

### 5. The Menzies Caravan Park.

This major development programme was addressed in chambers in May and council supported the design with some modifications and the project is making good headway with the earthworks all but completed and the ablutions to be received shortly. Thus, it is expected the power, water and road network issues will now be addressed early in the new financial year following budget adoption and will represent a significant development for this Shire.

### 6. Budget for the year 2009/10.

The council will address the budget adoption issue at the June meeting where a range of innovative and exciting issues are to be embraced, **where a precise' of the potential issues to be addressed in the programme follows:**

Air Field Upgrade	M\$1.6
Remainder of Caravan Park Development	\$600,000
Restoration of the Lady Shenton Premises	\$150,000
War Memorial and Garden of Remembrance	\$150,000
Restoration of the Tearooms	\$250,000
Walk Trail for Menzies	\$ 20,000
Integrated Accounting System	\$ 40,000
Kookynie Road Rail Crossing RE-alignment	\$250,000
Directional Signage	\$100,000
Well Aged Village	M\$1.2
Sealing of the Road to Niagara Dam	\$350,000
Truck Bay Assembly Area (with Ablution)	\$150,000
Staff Residence	\$400,000
Main Street Upgrade	M\$1.6
Bronze Busts of Prominent Citizens	\$ 50,000
Restoration of the Railway Station Premises	\$150,000

Given this list exceeds \$7,000,000, clearly substantial Grant funding is required to fund this schedule and the projects remain the subject of Council deliberation, as planned for on June 25<sup>th</sup>, 2009 and where some of these may not be able to be funded and further advices will issue to the community following that meeting.

Brian W. Seale J.P. Chief Executive Officer

Shire of Menzies W.A. Ph- 9024-2041 Fax-9024-2110 Mobile 0409-114 509

## Food Recall for Urgent Public Information

The following two pages of Food Recall Photos and Advices have been sent by email to the Shire of Menzies from the Scientific Officer, Food Unit Department of Health W.A. 227 Stubbs Terrace, Shenton Park, WA 6008 Ph: (08) 9388 4926. If you have any of these products in your pantry or freezer please direct your enquiries to the contact details in the individual Food Recall Information Advices following.



### FOOD RECALL

#### **Campbell's Country Ladle Potato & Leek 505g Canned Soup Batch code 3T9PAL**

(located on the base of the can)

Campbell's Soup Australia is conducting a voluntary national recall of the above product as a precautionary health measure. Pieces of rubber have been identified in some cans.

Campbell's Soup Australia is working with health authorities and taking action as part of its commitment to ensuring the health and safety of all its consumers.

Consumers should not consume the product. They should return it to the store of purchase for a full refund.

Only the product with the above batch code is affected by this recall. No other Campbell's Soup products are affected by this recall.

We apologise for any inconvenience.

For further information, please contact us on 1800 33 22 37 (toll free) or write to us at Consumer Affairs, Locked Bag 55, Reply Paid 77705, Silverwater, NSW, 2128

### FOOD RECALL

#### **Bulla Creamy Classics – Cookies & Cream**

2 litre plastic tub Best Before: 06/10/10

Regal Cream Products Pty Ltd is conducting a voluntary recall of the above product as a precautionary measure following reports of pieces of plastic in a small number of tubs of this product.

Only Bulla Creamy Classics – Cookies & Cream 2 litre tubs with the above, Best Before date are affected. No other dates or Bulla products are affected by this recall.

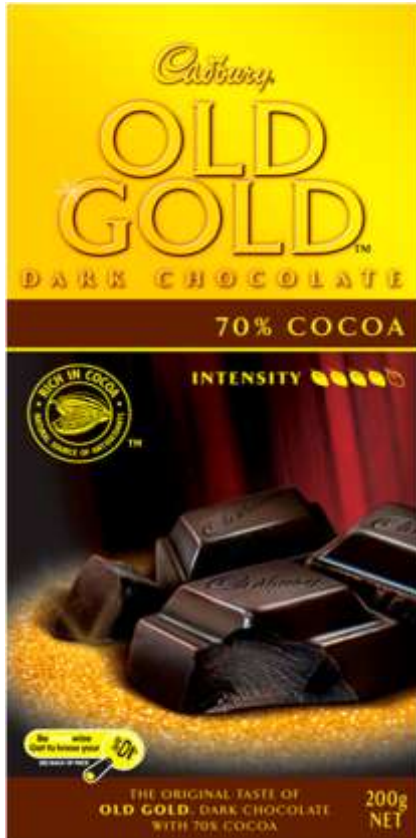
Anyone with the specified product and date code should not consume it and instead should take the product to the place of purchase for a full purchase price refund.

All Bulla products are proudly made in Australia and our focus is always on the health and safety of our consumers and maintaining our high quality standards.

We sincerely apologise for any inconvenience caused by this recall.

Enquiries can be directed to  
Regal Cream Products Pty Ltd  
43 Connor St, Colac VIC 3250

## Food Recall for Urgent Public Information



### FOOD RECALL

CADBURY OLD GOLD DARK CHOCOLATE  
70% COCOA 200g block  
Best before date 07/06/2010 and earlier

Cadbury is conducting a voluntary consumer level recall of the above product only due to the possible presence of milk protein, which is not labelled on the packaging.

Consumers who are allergic or intolerant to milk protein should not consume this product. Apart from this labelling irregularity, there is no other fault with this product.

No other Cadbury products, including the Old Gold Dark Chocolate 70% Cocoa 250g block (in paper packaging) are affected by this recall.

We are undertaking this recall as a precaution to protect consumer safety as well as to maintain our high quality standards.

We apologise for any inconvenience.

Consumers with this product should contact Consumer Services on 1800 250 260 to arrange a refund (8.30am until 5pm Mon-Fri).

Reply Paid 200 RINGWOOD VIC 3134

## Public Health Information

### YOUR GUIDE TO INFLUENZA

#### WASHING HANDS - "The BASICS"

Be sure to:

- **Wet and then soap your hands thoroughly, ensuring that you rub soap over your whole hands.**
- **Pay particular attention to your fingernails and cuticles (use a nail brush), between your fingers and the backs of your fingers and hands as well as the front of your hands.**
- **Rinse the soap off, rubbing your hands all over, in warm running water.**
- **Spend at least 20 seconds soaping, rubbing and rinsing well (repeat the process if necessary) – any less and your hands won't be clean. (It may sound silly, but the 20 second rule is important! If you are not sure how long you've**

washed your hands for, then slowly count to 20 each time you wash your

**hands; teach young children to sing a song or Nursery Rhyme each time to 'time' themselves ('Happy Birthday' sung twice is about the right length of time)).**

- **Dry them well all over using a clean cloth; make sure you wash and dry hand towels regularly and change them every few days, or more often if they are soiled.**

# Local Stories - History & Heritage, Show & Tell



## Spinefex Art Stories - Profile of Artist



Size Medium 1010 x 760mm / Acrylic on Canvas  
 Spinefex Art Gallery is inside the Menzies Visitors Centre, the 'Former' Lady Shenton Hotel.

Artist Byron Brooks was born 1/07/1955 at Tjawar, his Language is Pitjanjatjara.  
 Byron's art is part of the Spinefex Arts Project at the Tjuntjuntjarra Community approximately 750kms east of Menzies.

### Nguraku

Byron has painted his birthplace and surrounding country most closely associated with where he was born and grew up as a young child. Tjundalla is in sandhill country with each rockhole and soak separated by many, many sandhills. Precise knowledge of country and the conditions within the country relative to seasons is essential. Byron has also named many other rockholes he has knowledge of in his area such as Taruntjara, Pirapi, Tjawarn, Minga, Karnka, Kulabi, Amutu, Watara, Miramiratjara, Muyu, Tjurl and Mamatu.

Story & photo reproduced with kind permission from Ilkurka Community.



RoadWise Community Road Safety Network

## REGIONAL ROUND-UP



Volume 4, Issue 5, June 2009

### Australians missing out on vehicle safety

Australians are being short-changed when it comes to safety features on overseas manufactured vehicles, according to Australia's leading independent vehicle safety advocate, the Australasian New Car Assessment Program (ANCAP).

In the latest round of safety ratings, ANCAP Chair Lauchlan McIntosh highlighted the fact the Honda Jazz and Kia Soul had missed out on 5-star ANCAP ratings because they lack potentially life-saving technologies that are available on equivalent models in Europe.

"Both models come with electronic stability control (ESC) and intelligent seat belt reminders for all seats in Europe - yet ESC is not available on any Jazz in Australia and the base model only has a driver seat belt reminder," Mr McIntosh said.

"The Australian Soul only has a driver seat belt reminder and the base model does not have ESC. In contrast, the New Zealand Kia Soul has all these features and earns the top 5-star rating from ANCAP."

ANCAP also announced the Audi Q5 and Skoda Superb earned 5-star ratings, based on crash tests conducted by EuroNCAP.

The Kia Cerato and Suzuki Alto achieved 4-star ratings, which is disappointing for new models. Both models have impressive safety features but need more work on leg protection to reach the increasingly coveted 5-star rating. Both the Cerato and the Alto also lack seat belt reminders for the front and rear passengers.

"There are now plenty of choices for 5-star safety for small cars in Australia, with several models costing less than \$20,000. It is regrettable that these latest results have not added to that list."



**SAFE  
VEHICLES**

For a full list of ANCAP's vehicle safety ratings and other vehicle safety information, visit [www.ancap.com.au](http://www.ancap.com.au)



## Local Government Road Safety Awards 2009

Nominations are now open for the 2009 Local Government Road Safety Awards which acknowledge outstanding achievements by Local Governments in the area of road safety.

The awards showcase innovation and best practice in road safety and recognise projects that contribute to the objectives of Towards Zero, the WA Road Safety Strategy 2008 - 2020.

Submission guidelines can be downloaded by visiting [www.walga.asn.au](http://www.walga.asn.au).

The awards will be presented at the Roads and Transport Forum to be held on Wednesday, 5 August at the Perth Convention Centre.

Award categories include:

- **Safe Roads and Roadsides**
- **Safe Speeds**
- **Safe Vehicles**
- **Safe Road Use**
- **Joe North Award**

For further information, please contact Road Safety Policy Officer, Jenna Andrews on 9213 2068 or email [jandrews@walga.asn.au](mailto:jandrews@walga.asn.au).



**TOWARDS ZERO**

Questions or comments? E-mail us at [roadwise@walga.asn.au](mailto:roadwise@walga.asn.au) or telephone 9213 2066



*getting there together*

## Sports News - Menzies Classic Cycle Race



Triumphant trio: Third-placed Scott Ayles (left) and runner-up Frans Baissink (right) celebrate with winner Dean Emslie in the Menzies Classic cycle race. Photo: KELLIE LEWIS.

# Rookie snaffles Classic

By Nick Rynne

PERTH rider Dean Emslie has claimed his own piece of history by breaking out from a huge pack of riders to win the 2009 Menzies Classic.

Emslie took the honours in his first attempt at the 132km road race after seven years of amateur cycling.

"In terms of all my cycling since I started, this is huge," he said.

"It is a gruelling race but it's a really rewarding race as well."

He said a chance meeting with the

1950 Menzies Classic winner Aldo Nicolò inspired him to really hit the race hard and go for the win.

"We had a good chat and it was just a really special moment," he said.

"He was one of the first to come up and congratulate me after the race.

"There's just so much history behind this race and it's good that we now share a piece of that."

The race ended in thrilling fashion, with the crowd unable to spot the winner from a huge pack of riders.

The placeness all finished within

inches of each other ensuring a thrilling finish to the region's most lucrative road race. Emslie won with a C grade handicap, collecting more than \$3000 in prize money.

The amateur racer said he never expected to win the race, especially in his first attempt.

"I've been meaning to come up here for years but this is the my first time with this race and to win it, I'm ecstatic," he said.

"There will be a big party tonight.

"We'll certainly be putting a fair bit

of money back into Kalgoorlie."

He said the conditions were perfect but the race was still a real test of endurance.

"You're riding in a big gear, really fast right from the start," Emslie said.

"We would have been averaging about 44km an hour."

Emslie competed alongside a group of 11 friends from Perth who call themselves the Squadra Barista, named after a Cottesloe coffee shop.

"It's really great because it's just a bunch of mates from different walks

of life who get together to go riding," he said.

"The best thing about it is with a grade race, everyone gets a fair go and none of our group feel like they can't do it."

He said the entire Squadra Barista crew were going to hit the town last night to celebrate the big win and mingle with the Kalgoorlie locals.

"That's the fantastic thing about this race, yes it's a cycling race but it's about people and it's about Kalgoorlie," he said.

The above article is reproduced with permission from the Kalgoorlie Miner.



- Continued from previous page.

The **Leonora Golden Gift** was held during the Foundation Day long weekend. The event provided an excellent opportunity to promote road safety to the thousands of Goldfields residents and visitors who attended the weekend's activities.

'Belt Up' was the primary road safety message for the weekend and the 'Win a \$1000 worth of fuel' competition proved a big hit!

Litter bags filled with information brochures, belt up wrist bands and belt up lollipops were distributed by Regional Road Safety Officer Lee Mackin and volunteers, Paul Wennagel and Ray and Lorraine Wilson.





## Northern Goldfields Netball & Football Results

### Northern Goldfields Netball Results

Round 2 23/05/09

Leonora 2 **38** Defeated Laverton **35**

Leonora 1 **39** Defeated Menzies **28**



Round 3 13/06/09

Leinster **59** Defeated Laverton **7**

Menzies **31** Defeated Leonora 2 **20**

### Northern Goldfields Football Results

2008 Grand Final 30/05/09

Leonora **56** Defeated Laverton **45**



## Northern Goldfields Netball Results

Round 3 13/06/09

Position	Team	Played	Win	Lost	Draw	Points For	Points Against	%	Pts
1	Leinster	2	2	0	0	112	31	361.29	8
2	Leonora 1	2	2	0	0	98	52	188.46	8
3	Menzies	2	1	1	0	59	59	100	4
4	Leonora 2	3	1	2	0	82	119	68.91	4
5	Laverton	3	0	3	0	66	156	42.31	0

Netball Round 4 Saturday 27/06/09

Football Round 2 27/06/09

Leonora 1 Vs Leonora 2 @ Leonora 10 am

Leinster Vs Menzies @ Leonora 11.30 am

Laverton BYE

Who: Leonora Vs Laverton

Where: Leonora @ 11 am



### AFTER SCHOOL SPORT

With Gavin Isbister Northern Goldfields Sport and Recreation Coordinator.

When: Thursdays 3.00pm - 4.00pm

Coordinator: Gavin Isbister phone: 0439 099 754 Email: [gavin.ngsrc@hotmail.com](mailto:gavin.ngsrc@hotmail.com)

## Tjuntjuntjara Tjive - Sport

Welcome the Tjuntjuntjara Community on their first appearance in the Menzies Matters newsletter, hopefully this will be the first edition of many to come!

First of all Tjuntjuntjara is a remote Aboriginal Community tucked away to the far east of Menzies, it is 680km north east of Kalgoorlie, it is a small Community with a population of around 150 people.

Just recently in late April the Tjuntjuntjara football squad travelled to Albany for a football tournament. They played 2 matches and were defeated in both but they were very close matches and the boys played well! The ages of the team ranged from 14 (Scott Baird) to 31 years of age (Justin Curry) and around 25 players made the 15 hour journey from Tjuntjuntjara to Albany. The captain of the Tjuntjuntjara desert hawks was Bruce Stevens and Jarred Franks managed to get Best on Ground in one of the matches played. "the boys got thrashed in the first quarter but once they took there boots off and got use to the conditions they played much better" said Peter Twigg.

The Tjuntjuntjara football squad also got the chance to visit Whale world, swam and fished at the beach went shopping and also went laser skirmishing in there away time from there footy training sessions and matches. "my favorite part of the trip besides the footy games was the Laser skirmishing and the bus trip to Albany" said Scott Baird the youngest member of the team.

"the group had never done a trip like this before and it has been incredibly positive for the visitors" said Twigg, "for some kids it's the first time they have seen the ocean" Twigg also mentioned. Due to the great success of the Trip, this may be the first of more to come in the near future. **Written by Shaun Gould , Tjuntjuntjara Capacity Building Officer**



## Tjuntjuntjara Tjive - School

The Tjuntjuntjara remote community school students have been making healthy eating posters to be hung up in the Community store, the posters that have been made so far are very good and contain lots of good colouring in and lots of helpful information on healthy eating options. The idea of the poster competition is that people may re think there eating options once they see the posters. The best poster from each class will win a prize.



Jemma, Sam & Scott



Posters on display in Store

### The Tjuntjuntjara Profile

- **Name?**  
Gordon JACOB
- **Role in Tjuntjuntjara/length of stay?**  
Community Operation Manager
- **Why did you come to this community?**  
Work, location and people
- **First Community, any others?**  
Amata, Papulankutja, Warakurna, Iruntju
- **What is your favorite thing to do in Tjuntjuntjara?**  
Interaction with people
- **Other Hobbies?**  
Photography, reading, gardening, sport
- **Favorite food?**  
Roast
- **Favorite Movie?**  
The Shawshank redemption
- **3 people you would have dinner with?**  
Family, Nelson Mandela, Bill Clinton



Written by Shaun Gould , Tjuntjuntjara Capacity Building Officer



# Tj untj untj ara Jive - Photo Gallery



# Tj untj untj ara tJive - Photo Gallery





Australian Government  
Department of Broadband,  
Communications and the Digital Economy

### 2009 National E-Security Awareness Week

I wrote to you in March this year advising you that the Australian Government will hold a National E-security Awareness Week from 5 to 12 June 2009.

The annual National E-security Awareness Week will help inform home users, students and small business about the simple steps they can take to protect themselves, their families and their businesses online.

We have developed the following five simple tips which will be promoted through the Week to help Australians use the Internet in a secure and confident manner

- Get a better, stronger password and change it at least twice a year
- Get security software, and update and patch it regularly
- Stop and think before you click on links or attachments from unknown sources
- Information is valuable. Be careful about what you give away about yourself and others online.
- Log on to [www.staysmartonline.gov.au](http://www.staysmartonline.gov.au) for further information and to sign up for the email alert service

During the Week the Australian Government will launch an e-security education package. The package contains two interactive learning modules, one for Year 3 students and one for Year 9 students. These modules are designed to raise the awareness level of Australian school students about e-security and help them adopt smart online practices. The package will be available free to all Australian schools from June 2009 through the Government's e-security website, [www.staysmartonline.gov.au](http://www.staysmartonline.gov.au)

Providing Australians with the information and steps to protect their personal and financial information and to adopt secure online practices will increase trust and confidence in the online environment. This will enable Australians to take full advantage of the benefits offered by the digital economy.

Securing home users and small business against online attacks is also a key element in the protection of critical infrastructure and government networks.

**Kalgoorlie Police Station Fax: (08) 9021 9753  
Crime Stoppers 1800 333 000**



**SUSPICIOUS PERSON**

DATE			
TIME			
SEX	Male	Female	Age
HEIGHT	cm	Build	
HAIR	Colour	Style	Length

CLOTHING	
FOOTWEAR	
SCARS/TATTOOS	
OTHER FEATURES	

Vehicle 1	Vehicle 2
Make/Model	Make/Model
Colour	Colour
Number Plate	Number Plate

**Distinguishing features – Damaged panels/roo bar/mag wheels etc**

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**SUPICIOUS ACTIVITY**

DATE		
TIME		
LOCATION	Number	Street
Suburb		

**Activity Observed:**

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**Kalgoorlie Police Station Fax (08) 9021 9753  
Crime Stoppers 1800 333 000**

If you have any crime concerns in Menzies please complete the above form and fax to Kalgoorlie Police Station or phone the toll free number above.

# Menzies Community Notice Board

## Menzies Public Library

A monthly exchange of books from the State Library of WA includes Adult and Junior, Fiction & Non-Fiction Books, DVD's, Videos & Audio Books (both Cassette & CD). Free membership to locals and there is always something new with many monthly donations of books and DVD's.

A quiet reading space within the library makes for a pleasant spot to while away a few hours over a book, magazine or for research. Internet service also available in the Telecentre room.

All Inside the 'Former' Lady Shenton Hotel.

## Centrelink Agent

Contact – Alana Cameron

Phone: 90242504

Open 8 -11am Weekdays

At the MAC Centre

Walsh Street Menzies

## Kookynie Volunteer Association Inc.

A volunteer group who participate in community events and working projects. New members and volunteers welcome.

Regular General Meetings held in Menzies, Kookynie & Leonora

For more KVA info phone Greg 90313031 or email: riflepoint@bigpond.com  
or phone Robyn on 90242702 or email ironworks@bigpond.com

## A Community Message from Maureen Tucker -

### The need for a Police presence in Menzies.

Thieves are getting more brazen and impudent in Menzies. We are living in the last days mentioned in the Holy Bible.

We can't go to bed and have a peaceful sleep at night. We have had one full 20litre of diesel, two empty 20litre jerry cans and a metre of garden hose stolen from 63 Webb Street, Menzies.

The thieves had the gall to use our wheel barrow to steal our wood. We did have watch dogs to guard our property but alas they were poisoned.

How can we protect our private property?

Ed's Footnote: On the previous page there is a WA Police form you can copy and fax to the Kalgoorlie Police Station on (08) 90 219 753 or Phone Crime Stoppers on 1800 333 000.

These forms will also be available from the Shire and the Visitor Centre.

Any suspicious activity should be treated with the utmost priority and reported as soon as possible after the event.

Happy Birthday to  
Shania Cameron

for the

25th June 2009



  
 Birthday Wishes to   
 Alana Cameron   
 for the 30th June   
 All the Best   




# Regional Community Notice Board

Public Notice - Bluebush Pastoral Co.

*Melita, Jeedamya, Yundaga &  
Kookynie Stations.*

Due to large wild dog numbers all camping on the above pastoral leases is not permitted until further notice. Notification for permission to prospect on the above pastoral leases must be made by contacting the Manager Allan McCooke on Ph: 90376053

**Book Early! Seats Limited!**

## Rudnytsky Returns!

Sunday June 21st 2009 at 1.00 pm  
World Renowned American Pianist Roman Rudnytsky returns for a Piano Recital at Hoover House.  
Mr Rudnytsky graced Hoover House two years ago with more than 120 people enthralled by his music.

**Tickets \$22.00**

### Mozart Meets Hoover!

Patrons are invited to BYO if they choose. Some nibbles provided.

Tickets Available from:  
Tourist Information Centre  
Leonora Post Office  
Leonora Motel  
Shire Office  
or at the Museum  
Ph: 08 9037 7122    Mob: 04199 58199  
Email: [museum@gwalia.org.au](mailto:museum@gwalia.org.au)

Proudly supported by Shire of Leonora

PCYC BLUE LIGHT BALL  
ENCHANTED DREAMS

*E scape from reality,  
I nto the land of your dreams.  
W alk through the wardrobe,*

*Nothing is as it seems.....*

Friday the 18<sup>th</sup> of Sept 2009

7.00pm-11.00pm

Tickets are available soon

**Important  
DATE!**

## Visiting Specialist & Health Information

### POITIER MEDICAL PRACTICE

Dr. Charl Du Plessis M.B.Ch.B, D.O.H, D.A.M.E

2332736 2796332L

967 Sadie Canning Drive, Leonora, WA 6438.

08 9037 6238 08 9037 6799

charl.du.plessis@goldhealth.net.au

### **Next Visiting Specialists**

#### **Consultant Physician - Dr Pravin Shetty**

will be consulting at Leonora Hospital on Mon 29<sup>th</sup> June 2009. Referral required.

Appointments please phone 90376238.

#### **Dental Clinic**

The Dental Clinic will be in Leonora / Laverton **29<sup>th</sup> June to 24<sup>th</sup> July 2009** and **16<sup>th</sup> November to 11<sup>th</sup> December 2009**. These dates are **approximate** only and a notice will be posted as soon as we receive confirmation of official dates. Names may be left with Poitier Medical Practice and the Dental Receptionist shall contact you when they arrive in town.

Phone contact 90376238 to leave your name.

### **Menzies Health Clinic**

#### **Next Visiting Specialist**

#### **Consultant Physician - Dr Pravin Shetty**

will be consulting at Menzies on **Tuesday**

**23<sup>rd</sup> June 2009. Referral required.**

Appointments please phone: 90242044.

#### **Dietician's Clinic**

**Thursday 9th July from 10am**

Appointments please phone: 90242044

#### **Next RFDS Visit - TBA**

## Cardiovascular Disease and Heart Health Support

Researchers from  
Edith Cowan University  
are studying cardiovascular  
disease, media influences  
and heart health support



We would like to hear from you if  
you have been diagnosed with  
**CARDIOVASCULAR DISEASE**  
In the previous twelve months  
(2007-2008)

Please contact Lynsey Uridge for further information  
about HeartNET (08) 9370 6337  
l.uridge@ecu.edu.au  
or visit: www.heartnet.com.au

HeartNET

ECU  
EDITH COWAN  
UNIVERSITY

Supported by:

Heart  
Foundation

Participants will be asked to complete a questionnaire on entry to study and again at 6 months and may be asked to complete an in-depth interview.

### **Study of Life After Trauma**

#### **Public help wanted.**

Researchers at the University of WA are conducting a study of the effects of a traumatic injury on daily living. If you, or someone you are caring for, have had a traumatic injury through a motor vehicle accident, sporting or recreation activity, or assault, researchers want to hear from you.

Anyone interested in participating in this study is urged to contact Caroline or Beatriz at UWA by telephone on 6488 7376 or 9449 5166, or by email to [cbulsara@meddent.uwa.edu.au](mailto:cbulsara@meddent.uwa.edu.au),

before 1 June 2009.



## Menzies Health Centre Information

### MENZIES HEALTH CENTRE

CLINIC ATTENDED by Sam  
MONDAY - FRIDAY from 27 Jan  
for five weeks from that date.

Phone - 90242044

### FOR IMMEDIATE HEALTH ADVICE CALL

HEALTH DIRECT 1800 022 222  
ANYTIME DAY OR NIGHT  
POISONS INFO AVAILABLE 24Hrs

13 11 26

IF URGENT CONTACT 000 or  
SHIRE : 90242041 / A.H. 90242051

### POITIER MEDICAL PRACTICE

### LEONORA

DR APPOINTMENTS - Ph: 90376238  
EMERGENCIES - - Ph: 90804300

### Menzies Health Centre

Next RFDS Clinic TBA  
Appointments - Ph: 90242044



### Menzies Health Centre Visiting Dietician

Dietician's Clinic 2009 Dates Bi-monthly  
July 9th, Sept 3rd, & Nov 5th

Appointments Ph: 90242044

*Menzies Health Centre*  
Health Care Programs  
*Due to start third week in March.*

Now Targeting Childhood Immunisation  
and School Health Screening.

Standard Flu Vaccine for Children from 6  
Months to 5 Years and Adults Over 65  
are all eligible for free flu immunisation.  
Please Phone 90242044 for more info.

### Menzies Health info for Visitors

*Short or Long Stay*



If you have a significant  
Medical History you can contact the  
Health Clinic to have your Medical  
History recorded for future Visiting  
Doctor & Specialist Appointments.

### **Dietitian's Clinic - Where? Menzies Health Centre When? Thursdays, bimonthly, from 10 am**

Starting date:

- July 9th
- September 3rd
- November 5th

### **2009 DATES**

CONTACT THE HEALTH  
CENTRE FOR  
APPOINTMENTS  
ON (08) 9024 2044



2009

Standard Fluvax  
Available Now  
Menzies Health Centre



# Important Health Care Information

## Stop the spread of flu germs

**Cover your mouth and nose with a tissue when you cough or sneeze**

**Put your used tissue in the rubbish bin or in a plastic bag**

**Gel and Go** squirt the alcohol gel on your hand and rub till dry **OR** **Wash and dry** your hands often, especially after coughing or sneezing - use soap

**Stay away from others if you're sick**

Protect your family from **INFLUENZA**

Department of Health  
Western Australia  
Department of Health  
Western Australia

## Stop the spread of germs that make you and others sick!

# Cover your Cough

Cover your mouth and nose with a tissue when you cough or sneeze or cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.

# Clean your Hands

after coughing or sneezing.

Wash hands with soap and warm water for 20 seconds or clean with alcohol-based hand sanitizer.

CDC, MDH, APIC

## Clean Hands Save Lives!

- It is best to wash your hands with soap and warm water for 20 seconds.
- When water is not available, use alcohol-based products (sanitizers).
- Wash hands before preparing or eating food and after going to the bathroom.
- Keeping your hands clean helps you avoid getting sick.

### When should you wash your hands?

- Before preparing or eating food
- After going to the bathroom
- After changing diapers or cleaning up a child who has gone to the bathroom
- Before and after caring for someone who is sick
- After handling uncooked foods, particularly raw meat, poultry, or fish
- After blowing your nose, coughing, or sneezing
- After handling an animal or animal waste
- After handling garbage
- Before and after treating a cut or wound
- After handling items contaminated by flood water or sewage
- When your hands are visibly dirty

### Using alcohol-based sanitizers

- Apply product to the palm of one hand.
- Rub hands together.
- Rub product over all surfaces of hands and fingers until hands are dry. Use the volume needed to reduce the number of germs using the product.

### Washing with soap and water

- Place your hands together under water (warm if possible).
- Rub your hands together for at least 20 seconds (with soap if possible).
- Wash your hands thoroughly, including wrists, palms, back of hands, and under the fingernails.
- Clean the dirt from under fingernails.
- Rinse the soap from your hands.
- Dry your hands completely with a clean towel (if possible this helps remove the germs). However, if towels are not available it is okay to air dry your hands.
- Pat your skin rather than rubbing to avoid chapping and cracking.
- If you use a disposable towel, throw it in the trash.

Remember: If soap and water are not available, use disinfectant hand sanitizer.

## H1N1 Flu (Swine Flu) and You\*

### Contamination & Cleaning

#### How long can influenza virus remain viable on objects (such as books and door knobs)?

Studies have shown that influenza virus can survive on environmental surfaces and can infect a person for up to 2-8 hours after being deposited on the surface.

#### What kills influenza virus?

Influenza virus is destroyed by heat (167-212°F [75-100°C]). In addition, several chemical germicides, including chlorine, hydrogen peroxide, detergents (soap), iodophors (iodine-based antiseptics), and alcohols are effective against human influenza viruses if used in proper concentration for a sufficient length of time. For example, wipes or gels with alcohol in them can be used to clean hands. The gels should be rubbed into hands until they are dry.

#### What surfaces are most likely to be sources of contamination?

Germs can be spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth. Droplets from a cough or sneeze of an infected person move through the air. Germs can be spread when a person touches respiratory droplets from another person on a surface like a desk, for example, and then touches their own eyes, mouth or nose before washing their hands.

#### How should waste disposal be handled to prevent the spread of influenza virus?

To prevent the spread of influenza virus, it is recommended that tissues and other disposable items used by an infected person be thrown in the trash. Additionally, persons should wash their hands with soap and water after touching used tissues and similar waste.

#### What household cleaning should be done to prevent the spread of influenza virus?

To prevent the spread of influenza virus it is important to keep surfaces (especially bedside tables, surfaces in the bathroom, kitchen counters and toys for children) clean by wiping them down with a household disinfectant according to directions on the product label.

#### How should linens, eating utensils and dishes of persons infected with influenza virus be handled?

Linens, eating utensils, and dishes belonging to those who are sick do not need to be cleaned separately, but importantly these items should not be shared without washing thoroughly first.

Linens (such as bed sheets and towels) should be washed by using household laundry soap and tumbled dry on a hot setting. Individuals should avoid "bagging" laundry prior to washing it to prevent contaminating themselves. Individuals should wash their hands with soap and water or alcohol-based hand rub immediately after handling dirty laundry.

Eating utensils should be washed either in a dishwasher or by hand with water and soap.

## Important Health Care Information

**IMMEDIATE RELEASE****Thursday 11 June 2009****MEDIA RELEASE****Free Skin Cancer Screenings For The Goldfields**

Free skin cancer screenings will be available at sites across the Goldfields region in July.

Organised by the Royal Flying Doctor Service through its 'RFDS on the road' Primary Health Care Program, the screening team will visit thirteen sites and communities across the Goldfields Esperance region.

The free screenings are a partnership project between the 'RFDS on the road' Program, supported by BHP Billiton Nickel West, and the Lions Cancer Institute.

A team of professional health volunteers from the Lions Cancer Institute and the WA Society of Plastic Surgeons will join with 'RFDS on the road' staff to spend four weeks providing free skin cancer education and screenings.

The FREE screenings will build on the success of a program conducted in the Pilbara in 2008 which saw 2,236 people screened, resulting in an alarming 24.9 per cent referral rate for suspect skin lesions.

Tim Shackleton, RFDS Western Operations chief executive officer says the screening program will take preventative and life saving health care to communities across the Goldfields Esperance region.

"This mobile health initiative means that people will have access to first class preventative health care and state of the art skin screening services close to their home."

"It is truly a fantastic partnership between us, the Lions Cancer Institute and BHP Billiton. We are certain that this year's program will give many regional people the opportunity to be screened."

Free skin cancer screenings will take at BHP Billiton's Mt Keith and Leinster sites, plus the townships of Leinster, Leonora, Laverton, Menzies, Kalgoorlie, Boulder, Coolgardie, Norseman, Grass Patch, Salmon Gums, Esperance and Ravensthorpe.

Booking details will be advised in coming weeks via local radio and press. **ENDS**

Media contacts: Trish Slee  
RFDS Western Operations

Tel: 9417 6391

Mob: 0427 330 103

[tricia.slee@rfdswa.com.au](mailto:tricia.slee@rfdswa.com.au)

Photo Right: LCI screener Colin Beauchamp checks for dangerous skin lesions during the 'RFDS on the road' and LCI partnership screenings in the Pilbara region in 2008.



## Small Business Visit to the Northern Goldfields 17th June

### Managing Your Business in Challenging Times

Now more than ever, you need the right tools & information to manage your business effectively.

To assist you, the Small Business Centre Goldfields is available at any time free of charge if you need assistance with the following:

- Cash flow forecasting for next financial year
- Debt collection strategies
- Obligations to employees
- Business planning
- Understanding your Australian Taxation Office Obligations
- Starting a business
- Business Funding Opportunities
- New Enterprise Incentive Scheme (NEIS)
- Indigenous Business Australia

Our service has been operating throughout the Goldfields since 1991 and provides an essential service in small business development and management. Our service is also free!

Please contact us on 9021 7708 or email us at [sbcgoldfieldsadmin@kalnet.com.au](mailto:sbcgoldfieldsadmin@kalnet.com.au) with any questions. You can also pop down to the Menzies Visitor Centre to pick up some flyers about our service.



# Housing finance is closer than you think.



COURTESY OF THE GLOBE

At Country Housing Authority we come to you! We can provide the financial help you need to build or buy an existing home. Call our friendly staff on **1800 158 200** or visit **[www.dhw.wa.gov.au](http://www.dhw.wa.gov.au)**





Shire of Menzies  
 PO Box 4 Menzies WA 6436  
 Ph: 08 90242041 Fax: 08 90242110  
 E-mail: [admin@menzies.wa.gov.au](mailto:admin@menzies.wa.gov.au)  
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[www.northerngoldfields.com.au](http://www.northerngoldfields.com.au)

Menzies Matters produced by  
 The Menzies Visitor Centre  
**At the 'Former Lady' Shenton Hotel**  
 Community Postal Agency, Visitors Centre  
 Tele Centre, Library & Art Gallery  
 Corner of Brown & Shenton Streets  
 Menzies WA 6436  
 Ph: 90242702 Fax: 90242004  
[visitorcentre@menzies.wa.gov.au](mailto:visitorcentre@menzies.wa.gov.au)  
 Articles & Photos Always Welcome

**Menzies Roadhouse new opening times.**

Monday to Saturday - 6.30am to 7.30pm  
 Sunday - 7.30am to 12 noon  
 Lot 29 Shenton Street. Menzies  
 Cnr Shenton & Wilson Streets

**-CONTRIBUTIONS FOR THE MENZIES MATTERS-**

Each edition of the Menzies Matters is generally printed in the second week of the month. Contributions need not be long and lengthy articles, short sweet ones are just as good if not better. We are hoping to encourage young and old to send a poem, a short story (it doesn't have to be your own - it could just be a favourite) or a thankyou to some one who has done you a favour or special occasion notice. If you have a contribution, the contact details for the Menzies Matters are above or call into the Visitor Centre and deliver your article personally.

*June - July 2009*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
15	16	17	18	19	20	21
22	23 <i>Physician Menzies Clinic See p.18</i>	24	25 <i>Shire of Menzies Council Meeting</i>	26	27	28
Mon	Tue	Wed	Thu	Fri	Sat	Sun
29 <i>Consultant Physician - Leonora see p.18</i>	30 <i>Dental Clinic Leonora 29 June to 24 July see p.18</i>	1	2	3	4 <i>Term 2 of School Ends</i>	5
6	7	8	9 <i>Dietician's Clinic Menzies See p.18</i>	10	11	12
13	14	15	16	17	18	19
20	21 <i>Term 3 of School Resumes</i>	22	23 <i>Shire of Menzies Council Meeting</i>	24	25	26
27	28	29	30	31		